

Effects of Color on Attentional Performance in Indoor Environments: A Virtual Reality Study

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INTRODUCTION

Indoor environments shape our cognitive perceptions and experiences, our well-being in space, and go beyond the mere functional purposes these environments provide. Indoor Environmental Quality (IEQ) refers to physical health and performance (Chen et al., 2019). Studies have also shed light on the impact of design characteristics on user's cognitive functions and behavioral state for various purposes in public office environments for example, it predicts social seating behavior resulting in a more comfortable, more productive and performance in a office indoor environment, and a negative impact on cognitive performance in non-office indoor environments have also been reported in the existing literature. Various theories related to color have focused on the psychological properties of color, regarding the longer wavelengths which increase hot anxiety and shorter wavelengths which result in relaxing (Klein, 1981; Hershner, 1986). While some studies have linked color to space, there have been shortcomings in, scientific design and how color could give the user a better experience to enhance the working space and productivity, and in strategies for enhancing behavior color and attention in office environments. An following, more research appears to be needed. On what is the effect of indoor environment influence the attention of user?

HYPOTHESES

Recent studies have suggested that the blue color is associated with enhancing the cognitive perceptions, the coloring parts of the brain that are involved with self-control control as well as higher order executive processing (Fujita et al., 2014; Kishida et al., 2019). Considering the above and as an attempt to contribute to the limited knowledge concerning cognitive psychology, the following hypotheses are formulated:

H1: Participants in color-coded indoor environments report lower arousal and their attention performance is higher (BT & number of errors).

H2: Participants in high-colored indoor environments report higher arousal and their attention performance is lower (BT & number of errors).

MATERIALS AND METHODS

The proposed research involves the use of color in the design of indoor environments for selected based on a set of psychological criteria and we hypothesized to select two sets of color (blue and red) and their effects. There is a set of 30 virtual rooms are generated using computer-aided design software with identical dimensions (m, lighting, sound, etc.) and only vary in the color. In the virtual space, we implemented virtual reality-based design and focused on measure the effects of color on attentional performance.



Fig. 1 Study overview



Fig. 2 Experimental procedure

PROCEDURE

Local participants (aged 18-25) were selected to avoid the cultural influence of color. They should have normal or corrected-to-normal vision and pass the color vision deficiency test (D15) as shown in Fig. 3 after a short training, and familiarizing the participants with the VR setup, they are assigned to the VR scenarios (Task 1) and are told to focus on the scenarios. They will be presented in their condition each round, non-colored, and presented (environmental conditions). During scenarios, they will participate in an auditory attention task. This segment was divided into 3 blocks of 20 trials each (Fig. 3). In the 1st block of 20 trials, they will be presented in a Virtual Reality Environment (Task 1) and they will be asked to focus on the scenarios and complete a listening task (Task 2) and complete a listening task (Task 3) and complete a listening task (Task 4) and complete a listening task (Task 5).



RESULTS AND DISCUSSION

Based on the existing literature, it is expected that color-coded environments will affect the attention (e.g., being asked to focus on the scenarios) and the attentional performance (e.g., being asked to focus on the scenarios) and the attentional performance (e.g., being asked to focus on the scenarios). It is expected that performance in the virtual reality space will be higher in the color-coded conditions.



Fig. 4 Average Response Time (s) and Average Score (BT)

Significant differences ($p < 0.05$) are reported in the BT and response times (Fig. 4). Results show that the blue color had the effect of color on attention (response time) and the effect on cognitive performance (BT). These results suggest that color could enhance the use of color in the environment. Finally, color coding could have significant implications for the design of indoor spaces and enhancing productivity, working environment, and behavior with consideration to the user's attentional performance.

CONTRIBUTIONS

CONTRIBUTIONS

The contributions of the research are: First, this research addresses the existing gap in the literature. Second, it provides a platform for the use of color and explores its effects on the user's attentional performance.

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