

Berg Balance Test

Instructions

1. Write score in boxes
2. Add all scores
3. Match Total Score to Modifier Code

Sit to stand	4 ind (independent)	3 uses hands	2 several tries	1 minimal aid	0 mod-max assist	<input type="checkbox"/>
Standing Unsupported	4 2 minutes	3 2 min + supervision	2 30 sec unsupported	1 many tries for 30 secs	0 can not stand 30 secs	<input type="checkbox"/>
Sitting Unsupported	4 2 minutes, safe	3 2 min + supervision	2 30 sec	1 10 sec	0 can not sit 10 secs	<input type="checkbox"/>
Standing to sitting	4 safe, no hands	3 uses hands	2 uses back of legs	1 uncontrolled descent	0 needs assist	<input type="checkbox"/>
Pivot transfer	4 safe, min use of hands	3 safe, use of hands	2 verbal cuing/SBA	1 assist x 1	0 assist x 2	<input type="checkbox"/>
Standing eyes closed	4 10 seconds, safe	3 10 seconds, SBA	2 3 seconds	1 eyes not closed, steady	0 unable, LOB	<input type="checkbox"/>
Stand feet together	4 ind c feet, 1 min, safe	3 ind c feet, 1 min, SBA	2 ind c feet, 30 sec, SBA	1 help c feet, >15 sec	0 help c feet, <15 sec	<input type="checkbox"/>
Reaching	4 >10 inches	3 >5 inches	2 >2 inches	1 needs supervision	0 unable, LOB	<input type="checkbox"/>
Picking up object	4 able and safe	3 able, SBA needed	2 unable, keeps balance	1 unable, needs SBA	0 unable, LOB	<input type="checkbox"/>
Look over shoulders	4 able, equal	3 able, unequal	2 partial turn, safe	1 partial turn, needs SBA	0 unable, LOB	<input type="checkbox"/>
Turn 360 R&L	4 able, <4 secs	3 one way only, <4secs	2 one way only, >4secs	1 close SBA or VCs	0 unable, LOB	<input type="checkbox"/>
Alternate foot to stool	4 8 steps < 20 secs	3 8 steps > 20 secs	2 4 steps with SBA	1 2-4 steps with min A x 1	0 unable, LOB	<input type="checkbox"/>
Tandem stance	4 tandem, 30secs	3 staggered, 30secs	2 small step, 30secs	1 needs help, 15 secs	0 unable, LOB	<input type="checkbox"/>
Single leg stance	4 ind, > 10secs	3 ind, 5-10secs	2 ind, 3-5secs	1 <3secs, stays standing	0 unable, LOB	<input type="checkbox"/>

Goal status = G8979

Current Status = G8978

Discharge Status = G8980

Total Score

Degree of impairment

Modifier Code

0	1-11	12-22	23-33	34-44	45-55	56
100%	80%	60%	40%	20%	10%	0%
CN	CM	CL	CK	CJ	CI	CH

TOTAL

Berg Balance Test Form

**Deborah S. Nichols Larsen, Deborah K.
Kegelmeyer, John A. Buford, Anne D.
Kloos, Jill C. Heathcock, D. Michele
Basso**

Berg Balance Test Form:

Fallproof! Debra J. Rose, 2010 The second edition of FallProof continues to be the only text to address the multiple dimensions that contribute to balance and mobility By exploring the reasons underlying falls readers gain the knowledge to offer more comprehensive assessment and programming This research based approach is field tested and has shown considerable success in a range of instructional settings including community based and residential care environments The FallProof program is customizable for individual clients with exercise progressions for early middle and late class modules In addition it offers the following benefits Flexibility Program participants can engage in group activities that take into account their individual abilities so that the program is not too easy or too difficult for them Guidance Safe and easy ways of presenting each of the program s exercise components are illustrated addressing issues ranging from safety concerns to the best ways to offer feedback to participants Supplemental materials Reproducible health assessment and program related questionnaires help instructors gather crucial information for effective programming Results The FallProof program has been proven to reduce the risk of falling in participants who ve completed one or more rotations of the program Now packaged with a DVD this second edition makes the information in the text applicable to real situations The bound in DVD shows how to administer key screening and assessment tests demonstrates selected exercise progressions for the major program modules and features a sample FallProof class session in action **Primary Care Tools for Clinicians** Lorraine

Loretz, 2005-01-01 Designed to save time and assist busy practitioners this book guides standardized assessment and documentation of a patient s condition by providing ready to use forms that represent the gold standard of current practice

Acute Care Handbook for Physical Therapists Jaime C Paz, Michele P West, 2013-09-27 Review of body system basics and disease processes in each chapter provides concise information to help you better manage patients in a hospital setting Familiarizes you with the acute care environment by explaining medical terminology hospital protocol and surgical workups Includes updated information on medications laboratory and diagnostic tests and surgical and invasive procedures pertinent to physical therapy practice Clinical tips throughout the text show you how to maximize safety quality and efficiency of care Over 350 illustrations tables and boxed text highlight essential concepts and procedures for quick reference Uses terminology consistent with the Guide to Physical Therapist Practice Second Edition Focuses on evidence based practice to help you determine the best interventions including recent literature regarding rehabilitation in the critical care setting NEW Pertinent practice patterns from the Guide to Physical Therapist Practice Second Edition are included in each chapter NEW Additional illustrations to improve comprehension of the material NEW More pharmacologic implications for physical therapists specifically concerning side effects and use of combination drugs NEW Additional decision making algorithms facilitate critical thinking in the clinical setting NEW Updated surgical and invasive procedures include minimally invasive orthopedic surgery bariatric procedures and complete insight into circulatory assist devices NEW Expanded neurological

chapter including vestibular dysfunction tests and measures a discussion of dementia and the latest in stroke evaluation and management NEW Revised appendices discuss the latest concepts in documentation standards palliative care and patient safety NEW Slimmer larger format allows the book to lie open for easier reading NEW Improved design highlighting clinical tips and other key features lets you locate important information quickly in a busy clinical setting [Acute Care Handbook for Physical Therapists E-Book](#) Jaime C. Paz, Michele P. West, 2019-10-12 NEW Revised content throughout the text reflects the latest information on the complex and fast paced acute care setting NEW Expanded chapters on outcome measures mechanical circulatory support and chest pain NEW Redesigned airway clearance chapter NEW Reformatted nervous system chapter to enhance clinical integration of content NEW Enhanced access to information on lines and tubes **Acute Care Handbook for Physical Therapists - E-BOOK** Kathryn Panasci, Kristin C. Greenwood, 2025-10-27 Master the essential information you need to know to effectively treat and manage patients in the complex acute care environment with Acute Care Handbook for Physical Therapists Sixth Edition This easy to follow guide is the perfect resource to help you better understand and interpret hospital protocol safety guidelines medical terms and the many aspects of patient care in the hospital setting from the emergency department to the intensive care unit to the general hospital floors Featuring extensively updated content that reflects the latest evidence based information this edition contains everything needed for success in today's fast paced acute care environment NEW Chapters cover interprofessional practice and psychological and mental health NEW Content addresses emerging topics in post intensive care syndrome and COVID UPDATED Enhanced focus on transition to practice helps ensure you are confident and prepared for the clinical setting NEW Enhanced ebook version included with every new print purchase features reflection questions and a study guide plus digital access to all the text figures and references with the ability to search customize content make notes and highlights and have content read aloud Evidenced based information ensures you are equipped with the knowledge needed to manage the acuity of patients in the acute care environment Up to date content on medications laboratory and diagnostic tests and medical interventions relevant to the acute care physical therapist Easy to read algorithms tables boxes and clinical tips highlight key information for quick reference *Physical Therapy Case Files: Neurological Rehabilitation* Annie Burke-Doe, 2013-10-08 Dozens of realistic neurology cases help students make the transition from classroom to clinic Physical Therapy Case Files Neurology delivers 30 neurology cases that help students sharpen their critical thinking skills and prepare them for real world practice Clinicians will find the book to be a valuable refresher Each case includes clinical tips evidence based practice recommendations analysis and references Features National Physical Therapy Examination style review questions accompany each case to prepare students for the boards Provides students with practical experience before working with patients Analysis of case includes remediation content saving students the necessity of having to go a textbook for answers Provided by publisher **Evidence-Based Practice - A Critical Discussion of Occupational Therapy Practice with a**

Focus on Assessments Linda Mathews, 2011-12-22 Essay from the year 2008 in the subject English Miscellaneous grade 77% London South Bank University UK 29 entries in the bibliography language English abstract Placement Setting The team is based in an NHS teaching PCT Practice takes place in the community and or in the hospital gym or therapy rooms Overarching philosophy of care NHS frameworks standards The overarching philosophy of care is based on the Social Model of Disability Oliver 1983 and the empowerment of the client in enhancing his/her level of independence which may consequently prevent hospital admission A key paper used in this setting is the NSF for Older People Department of Health 2001 particularly its second standard client centred care Client population health needs age range ethnicity service user profile The profile of a typical service user describes an adult experiencing a long term neurological condition Health needs vary but typically include the need for adaptive equipment in order to improve self care skills **Case-based Geriatrics: A Global Approach** Victor A. Hirth, Darryl Wieland, Maureen Dever-Bumba, 2010-12-31 A full color case based guide to the principles and clinical aspects of geriatric care Case Based Geriatrics utilizes a case and evidence based approach to help you understand the key principles and clinical points of geriatric medicine and healthcare Written to reflect the field's growing trend toward interdisciplinary collaboration the book is of value not only to physicians but to the entire health team involved in the care of the elderly This unique text is constructed around case presentations which are used as the primary teaching tool These cases reflect issues and principles of geriatrics that are encountered and practiced worldwide You will learn how cultural characteristics of both patients and providers have added new layers of complications to this already challenging field and how they can be recognized and overcome Each case is directly linked to the learning objectives found in each chapter Review questions appear at the beginning and end of each chapter to test your understanding Case Based Geriatrics is divided into three sections Issues in Aging features foundational chapters covering essential topics such as biology of aging worldwide demographics the geriatric physical exam sensory changes in aging and approaches to laboratory testing and imaging in aging Inter professional Geriatrics provides an overview of multi professional team care and covers important topics such as pre and post operative care discharge planning and transitional care end of life care home care and long term care Geriatric Syndromes and Important Issues covers common disorders such as delirium dementia depression stroke hypertension osteoporosis and more *Teleneurology* Richard Wootton, Victor Patterson, 2005-04-12 Teleneurology refers to the use of telecommunications techniques such as the telephone Internet email and videoconferencing to improve the delivery of neurology services Containing 15 contributions from international clinicians this volume provides an introduction to telemedicine as it is practiced in neurology today It is divided into three sections techniques applications and practical issues Technical information has been kept to a minimum as the emphasis is on the utility of each technique rather than the technology itself The editors are affiliated with the Center for Online Health at the U of Queensland in Australia Annotation 2005 Book News Inc Portland OR booknews.com **Writing Case Reports** Irene McEwen, 2001 The second

edition of this resource offers more writing aids than before including updated reference lists for reliability and validity studies more case report examples from both the physical therapy and occupational therapy literature a case report writer s checklist and a review of a submitted case report Arquivos de neuro-psiquiatria ,2006 Aging Clinical and Experimental Research ,2008 **Saunders Manual of Physical Therapy Practice** Rose Sgarlat Myers,1995 A clinically oriented manual that provides a comprehensive knowledge of physical therapy this text covers examination diagnosis and treatment organized by body system It discusses general considerations such as oncology the immune system and age related concerns and presents extensive coverage of the neurologic and neuromuscular system It is fully illustrated and written by over 40 leading experts *Musculoskeletal Interventions: Techniques for Therapeutic Exercise, Fourth Edition* Barbara J. Hoogenboom,Michael L. Voight,William E. Prentice,2021-05-06 The definitive resource for designing and implementing evidence based rehabilitation programs using therapeutic exercise Written and edited by top experts in their fields Musculoskeletal Interventions provides the rehabilitation techniques strategies and considerations you need to effectively treat patients of all ages abilities and functional levels With expanded coverage of movement systems along with clinical pearls and hundreds of illustrations this edition has been fully revised to reflect a contemporary movement system approach patient care It focuses on the practical application of theory in a clinical setting making it ideal for students and experienced physical therapists alike Designed to make finding what you need quickly and easily Musculoskeletal Interventions is organized into five sections Foundations of the Rehabilitation Process Introduces the human movement system the Guide to Physical Therapist Practice and the clinical reasoning process Provides grounding on tissue healing the Neuromuscular Scan Examination pain posture and function Treating Physiologic Impairments During Rehabilitation Details general impairments that require attention throughout the rehabilitation process Covers muscle performance endurance and aerobic capacity mobility range of motion and neuromuscular control Tools of Rehabilitation Explains how to achieve optimal outcomes using various tools including plyometric exercise open and closed kinetic chain interventions proprioceptive neuromuscular facilitation techniques joint mobilization postural stability and balance interventions core stabilization training aquatic therapy functional movement screening and more Interventions Strategies for Specific Regions Describes applications of techniques and interventions related to common movement based overuse traumatic and postoperative musculoskeletal dysfunction Provides guidance on conditions common to the shoulder complex elbow wrist hand digits groin hip thigh knee lower leg ankle foot and spine Discusses pathomechanics and injury mechanisms while focusing on rehabilitation strategies and concerns for specific injuries and providing example protocols Special Considerations for Specific Patient Populations Provides application of all previous intervention strategies and how these may need to be selected adapted and utilized for geriatric patients pediatric patient and physically active females Musculoskeletal Interventions is filled with features that help you understand and retain critical information Learning aids include objectives

tales clinical pearls figures video links summary points chapter ending treatment guidelines and references *Using Whole Body Vibration in Physical Therapy and Sport* Alfio Albasini, Martin Krause, Ingo Volker Rembitzki, 2010 *Using Whole Body Vibration in Physical Therapy and Sport* is an innovative new manual demonstrating the application of vibration technology to the treatment of pathologies such as osteoporosis osteopenia stroke and different musculoskeletal disorders It covers pathology on the upper and lower extremities as well as the whole spine New treatment strategies are practically and logically presented with recommended exercises and accompanying instructions which can be applied using the vibration platforms Rationale is given for selected vibration frequencies amplitudes and modes for the duration and frequency of the exercise session The manual is grounded in evidence underpinned by a thorough literature review including a balanced view of both pros and cons and clinical cases The authors present clinical treatment parameters that are evidence based and have supportive physiological rationale that is consistent with the nature of the pathology being treated The text is further supported by online access to over 35 video clips demonstrating the possible treatment exercises This must have guide for clinicians and therapists enables use of whole body vibration as a treatment and ensures best practice throughout First book of its kind applying evidence based vibration technology to physical physiotherapy and sport therapy practice Exercise recommendations accompanied by over 70 four colour illustrations Indications and contra indications in clinical practice Comprehensive literature review of evidence base and principles Written and supported by experts actively applying this technology to their practice **National Physical Therapy Exam and Review** Annie Burke-Doe, Mark Dutton, 2018-11-22 Publisher's Note Products purchased from Third Party sellers are not guaranteed by the publisher for quality authenticity or access to any online entitlements included with the product *The Key To Success on the National Physical Therapy Exam Earn Your Licensure with the Help of this Student Friendly Board Review* Includes 100 question practice exam Brimming with color illustrations numerous tables valuable chapter Summaries checklists plus 100 Q A this visually appealing and highly engaging review is the perfect way to prepare for the National Physical Therapy Examination NPTETM for physical therapy licensure This user friendly review is written to parallel the exam and offers concise information on a broad range of topics found on the actual exam Within its pages you will find insights from expert professional physical therapists on each component of the exam encompassing a complete review of essential NPTE content Here's why this is the ultimate National Physical Therapy Examination review Valuable introductory chapter details what to expect on exam day and reveals test taking strategies designed to maximize your score Chapter ending multiple choice questions test your knowledge of specific topics Each chapter opens with High Yield Terms to Learn and concludes with a checklist of what you should know or be able to do upon completing the chapter Color highlighted summary tables encapsulate important information making it easy to study and remember A practice exam with 100 questions Logical systems based chapter coverage plus special topics such as geriatrics and pediatrics **Physical Therapist Assistant Examination Review and Test-Taking Skills** Mark

Dutton, Melissa Scheider, Janice Lwin, Cassady Bartlett, Annie Burke-Doe, 2022-04-15 The insights skills and practice you need to ace the Physical Therapy Assistant certification exam By following the same Physical Therapy Assistant Blue Print that the Board Exam is based on the lessons and best practices outlined in PTA Examination Review and Test Taking Skills will prepare students for the test and perform at the top of their game on exam day This unmatched guide illustrates the relationship between the PTA blueprint and the same topics in the review book and provides an overview of the essential facts you need to know about each of the 14 topics covered on the exam PTA Examination Review and Test Taking Skills also includes three practice tests each with the same number of questions as the real exam 150 and provides detailed rationales for both the correct and incorrect answer In addition you can find additional practice questions online and get access to a one hour Office Hours Tutor session every other week as well as AccessPT videos PTA Examination Review and Test Taking Skills provides FSBPT Site Information Overview including exam description and details including duration number of questions and when it is offered as well as test prep advice Test Taking Strategies including how long to spend on each question eliminating distractors and whether or not to skip questions Practice Exams three 150 question tests complete with rationales for both the correct and incorrect answer Appendix covering such topics as Musculoskeletal Physical Therapy Pediatric and Geriatric Physical Therapy and Therapeutic Exercise Foundations **Principles of Rehabilitation**

Medicine: Case-Based Board Review Raj Mitra, 2021-11-03 With 1050 practice case based questions this self testing guide covers all the core concepts needed to study for the ABPMR exam Ideal for both systematic and quick last minute studying Principles of Rehabilitation Medicine Case Based Board Review distills the essential knowledge required to adequately prepare for the American Board of Physical Medicine and Rehabilitation board exam ABPMR The book compliments Principles of Rehabilitation Medicine giving you access to a comprehensive review when needed Each chapter includes specific references to the larger primary text Complete with board style questions expansive answers rationales for both correct and incorrect answers tables and figures this study aid brings you up to speed on the pathophysiology diagnosis and rehabilitative management options tested on the exam Principles of Rehabilitation Medicine Case Based Board Review features More than 1050 board style practice questions answers 122 chapter topics mirroring the ABPMR content Clinical pearls that highlight key takeaways Sections on o Neurologic Disorders o Musculoskeletal Medicine o Medical Rehabilitation o Patient Management o Equipment Assistive Technology o Basic Sciences **Clinical Cases in Physical Therapy** Mark A. Brimer, Michael L. Moran, 2004 In the second edition of this reference students will learn the critical skill of clinical decision making by reading about real life case scenarios along with a description of the course of action to follow and direct insight into the process With brand new cases covering both typical and rare issues the readers can learn from the successes and mistakes of their colleagues The content is presented in a format following the elements of patient client management from Guide to Physical Therapist Practice 2nd Edition 2001 APTA the standard for physical therapy practice Each example

includes learning objectives guiding questions discussion and references and corresponds to one or more of the four preferred practice patterns Musculoskeletal Neuromuscular Cardiovascular Pulmonary and Integumentary as outlined by the Guide The variety in type of cases offered makes this resource appropriate for use with students over the span of a course as well as for clinicians wishing to work through more challenging patient scenarios Content utilizing current terminology reflects trends in current practice and familiarizes readers with the structure of the Guide to Physical Therapist Practice 2nd Edition The real life examples expose students to a range of both unusual and familiar clinical experiences they might not face in their studies as well as enabling current clinicians to learn from their colleagues experiences Input from both a clinician and a professor provides a nice blend of clinical experience and educational insight All cases are new 46 in all compiled from real life scenarios experienced by physical therapy practitioners Content includes more detailed information in areas such as patients personal histories culture environment and lifestyle New topics encompass a broad range of issues including documentation women s health clinical education ethics and assistive technology Evidence based examples and additional references meet the curriculum standards for physical therapy education Pedagogical features such as learning objectives guiding questions photos and illustrations make the reference useful in the educational setting In response to the guidelines featured in the Guide cases are now formatted to follow elements of patient client management including physical therapy diagnoses stated as preferred practice patterns

Neurologic Rehabilitation, Second Edition: Neuroscience and Neuroplasticity in Physical Therapy Practice Deborah S. Nichols Larsen, Deborah K. Kegelmeyer, John A. Buford, Anne D. Kloos, Jill C. Heathcock, D. Michele Basso, 2024-02-16 This expert guide integrates full color illustrations with neuromuscular skeletal content to help readers quickly and effectively master this topic A Doody s Core Title for 2024 Providing comprehensive coverage of the structure and function of the human nervous system Neurorehabilitation in Physical Therapy discusses normal motor development and motor control as well as common treatment techniques in physical therapy In order to help students master this subject cases open each chapter and questions about those cases appear throughout the chapter The text includes numerous tables flow charts illustrations and multiple choice board style review questions and is enhanced by a roster of world renowned clinical contributors

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