

Sinus Bradycardia



Characteristics

Normal sinus rhythm with a heart rate < 60 bpm
Consistent P wave
PR: 0.12-0.20
QRS: < 0.12
QT: $< 1/2$ R to R

Physical Manifestations

May be asymptomatic
Lightheaded
Syncope
Chest pain
Hypotension

Treatment

Treat symptomatic bradycardia:
Atropine
Epinephrine
External Pacemaker in an emergency

Sinus Tachycardia



Characteristics

Normal sinus rhythm with a heart rate of > 100 bpm
Consistent P wave
PR: 0.12-0.20
QRS: < 0.12
QT: $< 1/2$ R to R

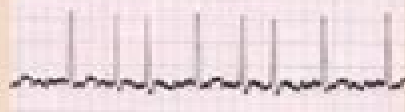
Physical Manifestations

Subjective: feeling of anxiety, racing heart, or chest pain
Objective: decreased BP,

Treatment

Sinus tachycardia is always a symptom of something else: treat the underlying cause
Encourage rest
Administer CCBs like Cardizem or diltiazem

Atrial Fibrillation



Characteristics

A lot of ectopic cells in atria causing it to be "irregularly irregular."
Paroxysmal or persistent
Random QRS spacing
No clear P wave

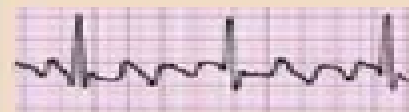
Physical Manifestations

Irregular fast heart rate
Patients may feel like their heart is racing, or chest pain

Treatment

Because of the increased risk of clots you want to give blood thinners like heparin
Control HR: give CCBs (Cardizem), amiodarone
Cardioversion in extreme cases

Atrial Flutter



Characteristics

A lot of ectopic foci synchronized with each other. SA node firing over and over again. No pause for QRS
HR: < 200 , no P wave, skinny QRS
Regular saw tooth wave pattern

Physical Manifestations

LOC changes
Irregular fast heart rate
Patient may feel like their heart is racing, chest pain

Treatment

Give Heparin and amiodarone
Cardiovert back into sinus rhythm
Long-term: Beta blockers (metoprolol), CCBs (Cardizem)

Supraventricular Tachycardia



Characteristics

HR > 100 (faster than sinus tach)
Skinny QRS, lump in middle
Paroxysmal
Sinus node is not getting a chance to fire

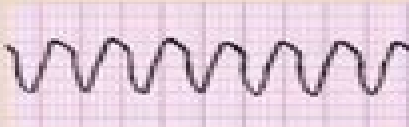
Physical Manifestations

Fainting, dizziness
Chest pain
Rapid pulse
Diaphoretic

Treatment

1: Vagal Maneuvers (like a deep cough)
2: Stable: give Adenosine rapid IV push (6-12-12)
3: Unstable: Cardioversion

Ventricular Tachycardia



Characteristics

Fast PVCs, no atrial kick
Paroxysmal
HR: 150s, fast but not as fast as SVT
No P wave

Physical Manifestations

Cardiac Arrest!!
SOB, chest pain, dizzy, lightheaded, nausea
Palpitations

Treatment

Pulseless: code, CPR, Defib
Unstable w/ pulse: cardioversion (keep filling pulse)
Stable: Try vagal maneuver and adenosine. Amiodarone, cardioversion

Ventricular Fibrillation



Characteristics

A lot of ectopic foci in ventricles
No P, QRS, T
Basically a wavy line
Lethal

Idioventricular



Characteristics

HR: slow, 40-60
No P wave
QRS: abnormal wide shape (> 0.12)
SA node does not fire, AV node takes over

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David Baud



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