

Which of the following is **NOT** a valid criticism of the food pyramid?

- ☐ It recommends a large number of carbohydrate servings per day without emphasizing the importance of focusing on unrefined carbohydrates
- ☐ It recommends 2-3 servings of dairy products per day, even though we now consider dairy products to not be an essential part of the diet
- ☐ It recommends the intake of healthy fats but does not specify which foods contain such healthy fats
- ☐ These are all valid criticisms of the food pyramid

# Criticisms Of Using The Food Guide Pyramid

**Pamela Stinson Kidd, Cheryl Pope Kish**

## Criticisms Of Using The Food Guide Pyramid:

**Family Economics and Nutrition Review**, 1997      **Mosby's Comprehensive Review of Dental Hygiene** Michele Leonardi Darby, 1994 Reflecting recent research findings and philosophies this book continues to be the reference of choice in preparing for the RDH certification examination In addition to reviewing pertinent topics the book provides 800 sample questions as well as rationales for the correct answers in an outline format      **Diet Analysis** Gordon M. Wardlaw, Paul M. Insel, 1992      **The National Culinary Review**, 2005      Saunders Q & A Review for NCLEX-PN Linda Anne Silvestri, 2004 Written and organized to address specific elements included in the most recent NCLEX PN test plan this popular book CD ROM review package is designed to provide students with more than 3 000 NCLEX PN practice questions in a unique format It features practice questions answers and detailed rationales for both correct and incorrect responses along with test taking strategies      *Journal of the American Dietetic Association*, 2002      *Remaking the North American Food System* C. Clare Hinrichs, Thomas A. Lyson, 2007 Resource added for the Sustainable Food Agriculture Systems program 100903

**Saunders Review of Dental Hygiene** Debralee McKelvey Nelson, 2000 This text covers pertinent topics in an outline format that helps readers successfully prepare for the board exam The review Includes a clinical case study component to address the content of the regional board exams It features a perforated full color insert of oral pathologic conditions for reference as readers take the practice exam that is included in the text      **Sandra Smith's Review for NCLEX-RN** Sandra Fucci Smith, 2001 The perfect resource to help nursing students prepare to take the NCLEX RN exam Sandra Smith s Review can be used in conjunction with any nursing course to help students master test taking strategies or in review courses that focus on preparation for the NCLEX exam Comprehensive current and logically presented in the nursing process this very popular review text contains all the information needed to successfully pass the NCLEX RN It features an outline review of all nursing content highlights key information that typically appears on the exam and includes thousands of practice questions An accompanying CD ROM provides additional practice questions      Family Nurse Practitioner Certification Review Pamela Stinson Kidd, Cheryl Pope Kish, 2003 Kidd Arizona State U College of Nursing Robinson Northern Kentucky U and Kish graduate programs in health sciences Georgia College State U present this review for family nurse practitioners preparing to take the national certification exams of both the Academy of Nurse Practitioners and the American Nurses Credentialing Center The review covers the domains of history taking physical examination assessment diagnosis plan management and evaluation The CD ROM contains review questions and sample examinations Annotation c 2003 Book News Inc Portland OR booknews com      **The American Journal of Clinical Nutrition**, 2000      *The Food Institute's Food Industry Review*, 2005      **DNS Alert**, 1992      **Healthy People 2000 Midcourse Review** U.S. Department of Health and Human Services Public Health Service, 1995      *Book Review Digest*, 1926      **Mosby's Comprehensive Review of Nursing with Disk** Dolores F. Saxton, 1994-05 The bestselling review book for the RN NCLEX examinations now includes a

100 question computer disk to complement its stand alone review questions and two 375 question practice exams The review incorporates high quality sample questions and answers with rationales      **Little, Brown's NCLEX-RN Examination Review** Irene M. Bobak,1996 This innovative book offers a fresh alternative to nursing reviews The complete concise content review will make a difference in NCLEX RN performance The review incorporates special memory aids that use fun easy to remember phrases      *Mosby's Comprehensive Review of Practical Nursing* Mary O. Eyles,1998 The bestselling review book for the NCLEX PN reflects changes in practice and addresses the computerized licensure examination The author covers core clinical areas including medical surgical pediatric obstetric and mental health nursing as well as anatomy and physiology pharmacology nutrition and gerontology A sample 100 question test is included on the disk      Annual Review of Public Health William Fielding,2001-05      **ACSM's Certification Review** American College of Sports Medicine,2010 This is a review manual for candidates wanting an ACSM credential It combines content from ACSM s Health and Fitness Certification Review and ACSM s Clinical Certification Review into one resource

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