









Erikson's Stages of Psychosocial Development: A Comprehensive Overview

Stages			Conflict	Outcome
Childhood		Infancy (Birth to 18 months)	Trust vs. Mistrust	Trust → Security; Mistrust → Anxiety
		Early Childhood (2 to 3 years)	Autonomy vs. Shame/Doubt	Independence → Confidence; Doubt → Insecurity
		Preschool (3 to 5 years)	Initiative vs. Guilt	Initiative → Purpose; Guilt → Hesitation
		School Age (6 to 11 years)	Industry vs. Inferiority	Competence → Confidence; Inferiority → Low self-esteem
Adolescence		Adolescence (12 to 18 years)	Identity vs. Role Confusion	Identity → Self-awareness; Confusion → Uncertainty
Adulthood		Young Adulthood (19 to 40 years)	Intimacy vs. Isolation	Relationships → Love; Isolation → Loneliness
		Middle Adulthood (40 to 65 years)	Generativity vs. Stagnation	Contribution → Purpose; Stagnation → Lack of fulfillment
Later Life		Later Life (65 years and up)	Integrity vs. Despair	Reflection → Satisfaction; Despair → Regret

Key Milestones

Infancy	Developing trust in caregivers.	Young Adulthood	Forming intimate relationships.
Early Childhood	Gaining autonomy and independence.	Middle Adulthood	Contributing to society.
Adolescence	Establishing identity.	Later Life	Reflecting on life achievements.

Considering The Development Of Humans Psychological Development Issues

Albert A Gayle



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