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Chapter 10: Personality

- A. Overview
 - 1. Personalities
 - a. The unique attitudes, behaviors, and emotions that characterize a person
 - b. Type A vs. Type B
 - i. Type A
 - (1) tend to feel a sense of time and pressure
 - (2) easily angered
 - (3) higher risk for heart disease
 - ii. Type B
 - (1) tend to be relaxed and easygoing
 - iii. some people are neither

- В.
- C. Psychoanalytic (Freudian) Theory
 - 1. Psychosexual Stage Theory of Personality
 - a. Phallic Stage
 - i. boys and girls notice their physical differences
 - (1) girls develop penis envy (desire for a penis)
 - (2) boys get castration anxiety (fear of castration by fathers or for misbehavior)
 - II. identification
 - (1) when people emulate and attach themselves to an individual they believe threatens them
 - (2) prevents boys from fearing their fathers
 - (3) encourages boys to break away from attachment to mom and act like men
 - b. latency

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Lei Huang

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