

6 THE MUSCULAR SYSTEM



21

$$\frac{285}{306}$$

$$\frac{+93}{100}$$

A-

Muscles, the specialized tissues that facilitate body movement, make up about 40% of body weight. Most body muscle is the voluntary type, called skeletal muscle because it is attached to the bony skeleton. Skeletal muscle contributes to body contours and shape, and it composes the organ system called the muscular system. These muscles allow you to grin, frown, run, swim, shake hands, swing a hammer, and to otherwise manipulate your environment. The balance of body muscle consists of smooth and cardiac muscles, which form the bulk of the walls of hollow organs and the heart. Smooth and cardiac muscles are involved in the transport of materials within the body.

Study activities in this chapter deal with microscopic and gross structure of muscle, identification of voluntary muscles, body movements, and important understandings of muscle physiology.

OVERVIEW OF MUSCLE TISSUES

1. Nine characteristics of muscle tissue are listed below and on page 104. Identify the muscle tissue type described by choosing the correct response(s) from the key choices. Enter the appropriate term(s) or letter(s) of the key choice in the answer blank.

Key Choices

A. Cardiac

B. Smooth

C. Skeletal

1. Involuntary
✓ Cardiac, Smooth
2. Banded appearance
✓ Cardiac, Skeletal
3. Longitudinally and circularly arranged layers
✓ Smooth
4. Dense connective tissue packaging
✓ Skeletal
5. Figure eight packaging of the cells
✓ Cardiac
6. Coordinated activity to act as a pump
✓ Cardiac

Chapter Six Muscular System Key

Sylvia S. Mader



Chapter Six Muscular System Key:

Health Careers Today - E-Book Judith Gerdin, 2011-04-08 Describing more than 45 health careers *Health Careers Today* 5th Edition offers a practical overview to help you make an informed decision in choosing a profession Not only does it discuss the roles and responsibilities of various occupations it provides a solid foundation in the skills needed for all health careers Clear explanations of anatomy and physiology provide essential knowledge of health related to the human body and show how this applies to different careers A companion Evolve website includes skills videos animations quizzes and flashcards Written by experienced educator Judith Gerdin this book reflects National Health Care Skills Standards A clear easy to read approach makes it easy to explore health career options Over 45 health careers are discussed including the requirements and roles and responsibilities of each Full color drawings and photographs illustrate concepts techniques and equipment The National Health Care Skills Standards are incorporated and the book's organization closely follows the standards An Anatomy and Physiology unit covers all of the body systems and applies A P to various career settings Skill Activities provide the opportunity to obtain hands on experience Learning Objectives at the beginning of each chapter focus on key information Key Terms with definitions are listed at the beginning of each chapter Core concepts are reinforced with more than 70 content boxes skill boxes review questions and critical thinking questions National Standard sections summarize the specific number and name of each national standard covered in that chapter along with page references Chapter summaries make it easy to review and identify key content A comprehensive glossary includes all key terms and definitions for quick reference Student resources on a companion Evolve website include fill in the blank and drag and drop quizzes flashcards anatomy and physiology animations skill videos an audio glossary and web links A workbook corresponds to the chapters in the textbook and features learning activities such as vocabulary practice exercises medical abbreviation practice exercises coloring labeling activities concept application exercises laboratory exercises critical thinking exercises and Internet activities Sold separately

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,1900 **The Encyclopædia of Face and Form Reading** Mary Olmstead Stanton,1913 *Anthony's Textbook of Anatomy & Physiology* Gary A. Thibodeau, Kevin T. Patton,1994 **The History of the human body** Harris Hawthorne Wilder,1909

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relationship between humans and other living things is emphasised in this text Students are provided with a firm grasp of how their bodies function and how the human population can become more fully integrated into the biosphere Physical Capacity Tests in the Administration of Physical Education Frederick Rand Rogers,1925 *Growth and education* John Mason Tyler,1907 **Notes on books** Longmans, Green and co,1909 **Being Healthy: Teacher's edition** Larry K.

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