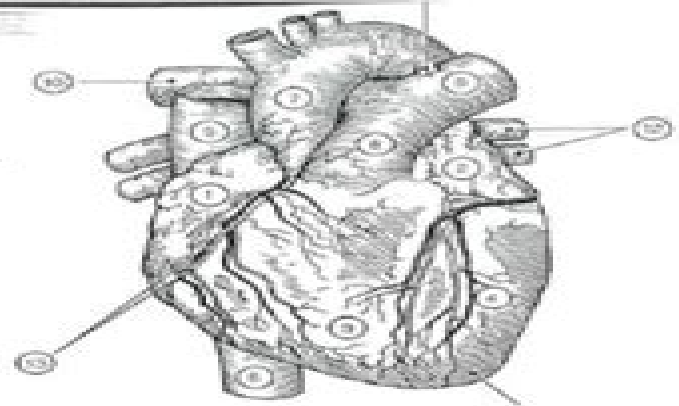


14 THE DIGESTIVE SYSTEM AND BODY METABOLISM



The digestive system processes food so that it can be absorbed and used by the body's cells. The digestive organs are responsible for food ingestion, digestion, absorption, and elimination of undigested remains from the body. In one sense, the digestive tract can be viewed as a disassembly line in which food is carried from one stage of its breakdown process to the next by muscular activity, and its nutrients are made available en route to the cells of the body. In addition, the digestive system provides for one of life's greatest pleasures—eating.

The anatomy of both alimentary canal and accessory digestive organs, mechanical and enzymatic breakdown, and absorption mechanisms are covered in this chapter. An introduction to nutrition and some important understandings about cellular metabolism (utilization of foodstuffs by body cells) are also considered in this chapter review.

ANATOMY OF THE DIGESTIVE SYSTEM

1. Complete the following statements by inserting your answers in the answer blanks.

1. Oral cavity
2. Digestion
3. Blood
4. Eliminated or excreted
5. Feces
6. Alimentary canal or GI tract
7. Accessory

The digestive system is responsible for many body processes. Its functions begin when food is taken into the mouth, or (1). The process called (2) occurs as food is broken down both chemically and mechanically. For the broken-down foods to be made available to the body cells, they must be absorbed through the digestive system walls into the (3). Undigestible food remains are removed, or (4), from the body in (5). The organs forming a continuous tube from the mouth to the anus are collectively called the (6). Organs located outside the digestive tract proper, which secrete their products into the digestive tract, are referred to as (7) digestive system organs.

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Digestive System & Metabolism Dr. Tommy Mitchell, 2018-08-15 The fourth volume of the Wonders of the Human Body series dives deep into why our bodies need energy and how we get it As with all our explorations into the complexity of the human body when you see the incredible design of the digestive system you ultimately have to ask yourself Can this all possibly be an accident Something that happened by chance The answer is a resounding No We are not the product of evolution We are not animals We are a special creation In Digestive System Metabolism you will learn about The digestive system including the teeth and tongue the mouth and esophagus the stomach and intestines the liver the gallbladder and the pancreas Our metabolism a complex system created by God to transform food into fuel for our energy God our Designer thought of everything even the problems that would occur in a sin cursed world We are indeed wonderfully made Prepare to be amazed Digestion and Nutrition, Third Edition Mary Kinkel, Robert Sullivan, 2021-11-01 Digestion is the process of taking food and nutrients into the body and making them available for use in all of the body's processes The digestive system breaks down food and extracts the important nutrients eliminating the excess substances that cannot be used These nutrients provide energy for the body to grow function and make repairs to itself Digestion and Nutrition Third Edition describes the path that food takes through the system the organs involved and how the body uses different types of nutrients while highlighting the importance of healthy eating and the problems and diseases that can affect the digestive tract Packed with full color photographs and illustrations this absorbing book provides students with sufficient background information through references websites and a bibliography Digestion and Nutrition Robert James Sullivan, 2009 You can not live without proper nutrition and the digestive system aids in getting that nutrition into your body Learn about healthy eating and the process of digestion with this great book The Complete Book of Enzyme Therapy Anthony J. Cichoke, 1999 Describes a variety of ailments and medical conditions and lists and current treatments that feature enzymes vitamins and minerals Improving Sports Performance John Orsini, 1987 Tooth and Claw Robert M. Johnson III, Robert M. Johnson, Sharon L. Gilman, Daniel Abel, 2023-05-09 This book provides a comprehensive coverage of the biology ecology and conservation of top predators including big cats wild dogs sharks raptors marine mammals Orca and others snakes and lizards and humans but it is not encyclopedic in its approach While it incorporates up to date scholarship from practitioners working with a diversity of top predators the book is also accessible for non experts The book is illustrated with a original art and many color photographs **International Digest of Health Legislation** ,1959 Forensic Science Review ,1989 Poisoning & Toxicology Compendium ,1998 **The Endocrine Lung in Health & Disease** Kenneth L. Becker, Adi F. Gazdar, 1984 **Systems & Control Encyclopedia: F-H** Madan G. Singh, 1987 This comprehensive reference work provides information on what systems thinking comprises and how it is being used to understand and to attack a wide spectrum of diverse problems ranging from for example the control of servo mechanisms to applications of space technology **Poisoning and**

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achieved the leanness you desire you can gradually decrease the volume to see what the minimum amount is to maintain your condition it is always recommended to split weights and cardio for the best results however if you for some reason can not always do that do cardio first weights after with this ebook i hope to help you with

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by retaining lean muscle mass we burn more calories at rest and will ultimately look leaner as we lose fat not to mention we can design our strength routines to still work a diversity of energy systems to maintain our overall cardiovascular health

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