Chapter 9 Muscles and Muscle Tissue

9.1 Overview of Muscle Tissue

- Nearly half of body's mass
- Can transform chemical energy (ATP) into directed mechanical energy, which
 is capable of exerting force

Types of Muscle Tissue

- Terminologies: Myo, mys, and sarco are prefixes for muscle
 - Example: sarcoplasm: muscle cell cytoplasm
- Three types of muscle tissue
 - Skeletal
 - Cardiac
 - Smooth

Skeletal muscle

- Skeletal muscle tissue is packaged into skeletal muscles: organs that
 are attached to bones and skin
- Skeletal muscle fibers are longest of all muscle and have striations (stripes)
- Also called voluntary muscle: can be consciously controlled
- Contract rapidly; tire easily; powerful
- Key words for skeletal muscle: skeletal, striated, and voluntary

Cardiac muscle

- Cardiac muscle tissue is found only in heart
 - Makes up bulk of heart walls
- Striated
- Involuntary: cannot be controlled consciously
 - Contracts at steady rate due to heart's own pacemaker, but nervous system can increase rate
- Key words for cardiac muscle: cardiac, striated, and involuntary

Smooth muscle

- Smooth muscle tissue: found in walls of hollow organs
 - . Examples: stomach, urinary bladder, and airways
- Not striated
- Involuntary: cannot be controlled consciously
 - Can contract on its own without nervous system stimulation

Characteristics of Muscle Tissue

- All muscles share four main characteristics:
 - Excitability (responsiveness): ability to receive and respond to stimuli
 - Contractility: ability to shorten forcibly when stimulated
 - Extensibility: ability to be stretched

Chapter 9 Muscles And Muscle Tissue Packet Answers

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