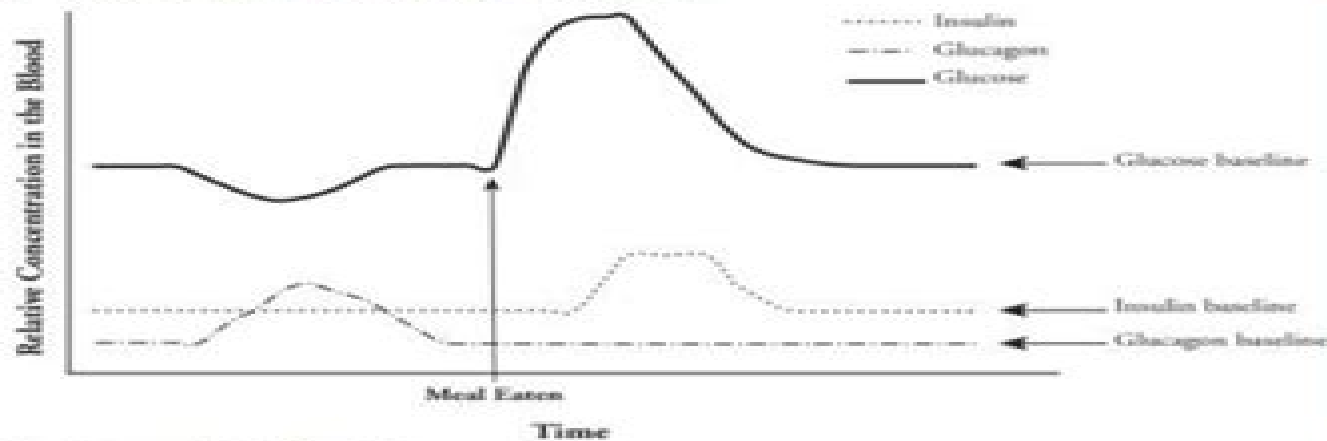


Control of Blood Sugar Levels

Why?

All living things use glucose as a source of energy and in vertebrates it is critical that blood glucose levels are consistent. If the glucose concentration in the blood gets too high, a coma could result. If the glucose concentration in the blood gets too low, the person could experience seizures, go into a coma or die. In humans, hormone levels help regulate the glucose concentration in the blood and keep us in homeostasis.

Model 1 – Hormonal Control of Glucose



- Using the graph in Model 1:
 - Identify the molecules that have relative blood concentrations shown.
 - Identify the molecule that is found in the blood at the highest concentrations.
 - Outline what happens to blood glucose levels after a meal has been eaten.
- Describe why cells need glucose.
- Compare blood glucose to the hormone levels shown in the graph in Model 1:
 - As blood glucose levels increase above baseline, the level of which hormone also increases?
 - As blood glucose levels begin to drop below baseline, the concentration of which hormone increases?
 - As blood glucose returns to its baseline level, what happens to the levels of insulin and glucagon in the blood?

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Sugar Sugar Rose Greham, 2019-08-04 This diabetes blood glucose tracker logbook has been designed for you to be able to easily and logically keep an accurate record of your levels Allowing you and your health care professionals easy access to a full year 53 weeks of your history which will give you better treatment plans and better control of your diabetes helping you stay healthy Benefits of regular logging of your blood glucose levels control and understanding of your diabetes if using insulin controlling your dosage and seeing the effects identify trends and fluctuations in your glucose levels at different times get a better treatment plan from your medical professional looking after your diabetes stay healthier About this logbook Practical size of 6 x 9 15 24 x 22 86 cm which is easy to take everywhere with you work office school home holiday Interior White paper with black print Pages 128 Features Contact details for yourself medical professionals and ICE In Case of Emergency Set target blood sugar levels with the help of your medical professional HbA1c results Future appointments Medication list 4 weeks of intensive blood glucose testing Before After 1hr After 2hr After 3hr 53 weeks of daily before and after testing Breakfast Lunch Dinner Snacks Bedtime Other Daily and weekly notes Weekly target levels Questions you want to ask at your next diabetic appointments General notes

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Pereira,AI,2025-03-12 Blood Sugar explores the critical relationship between aging and glucose metabolism highlighting how blood sugar regulation changes over time increasing the risk of type 2 diabetes and impacting overall health The book emphasizes that while age related changes are inevitable proactive lifestyle choices can significantly minimize their impact For instance did you know that stable glucose levels are crucial for preserving cognitive function and maintaining energy as

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