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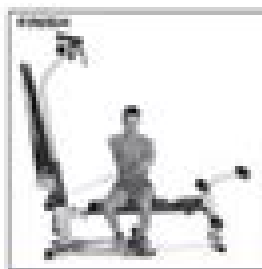
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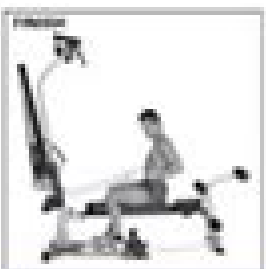
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Seated Trunk Rotation



Seated Lat Row



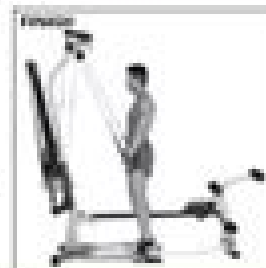
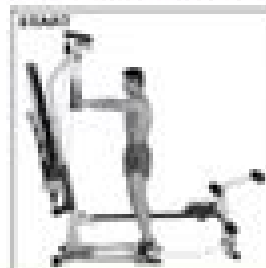
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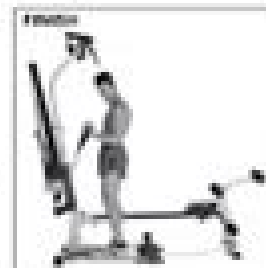
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