

Digestive System & Nutrition Study Guide

1) List the correct steps in the path of digestion. What happens in each step?

Mouth- mastication

Stomach-mixes food with gastric juice, initiates digestion of proteins, carries to small intestine

Small intestine- 3 parts containing microvilli to increase surface area and absorption of nutrients.

Large intestine- transports waste to colon and rectum

Colon and rectum- removes waste in form of feces

2) What is the function of the liver?

The function of the liver is that it produces bile.

3) Where is the stomach located?

The stomach is located in the abdominal cavity

4) Describe peristalsis.

The involuntary constriction and relaxation of the muscles of the intestines or another canal, creating wave-like movements that push the contents of the canal forward

5) Describe the functions of the pancreas.

The pancreas produces and secretes pancreatic juices, containing digestive enzymes and bicarbonate ions, into small intestine

6) What are the parts of the small intestine? What is the function of the small intestine?

3 parts: Jejunum, duodenum, ileum

The small intestine mixes food with bile and pancreatic juice. Final enzymatic breakdown of food molecules main site of nutrient absorption

7) defecation is the discharge of feces from the rectum through the anus.

8) What is morbid obesity?

Morbid obesity is being 80-100 pounds over their normal body weight

9) Microvilli is a structure in the small intestine that increases surface area for maximum nutrient absorption.

10) Good fats should consist of 1/8 of your plate.

11) What is mastication?

Mastication is the first step of chemical digestion

12) The epiglottis closes when swallowing in order to force the food into the pharynx. This prevents choking.

13) What is pepsin and what is its job?

Pepsin is the most important enzyme and it mixes food to create a semifluid paste

14) List the parts of the large intestine. What is the role of the large intestine?

Ascending colon

transverse colon

descending colon

sigmoid colon

Digestive System And Nutrition Study Guide

L Cohen



Digestive System And Nutrition Study Guide:

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