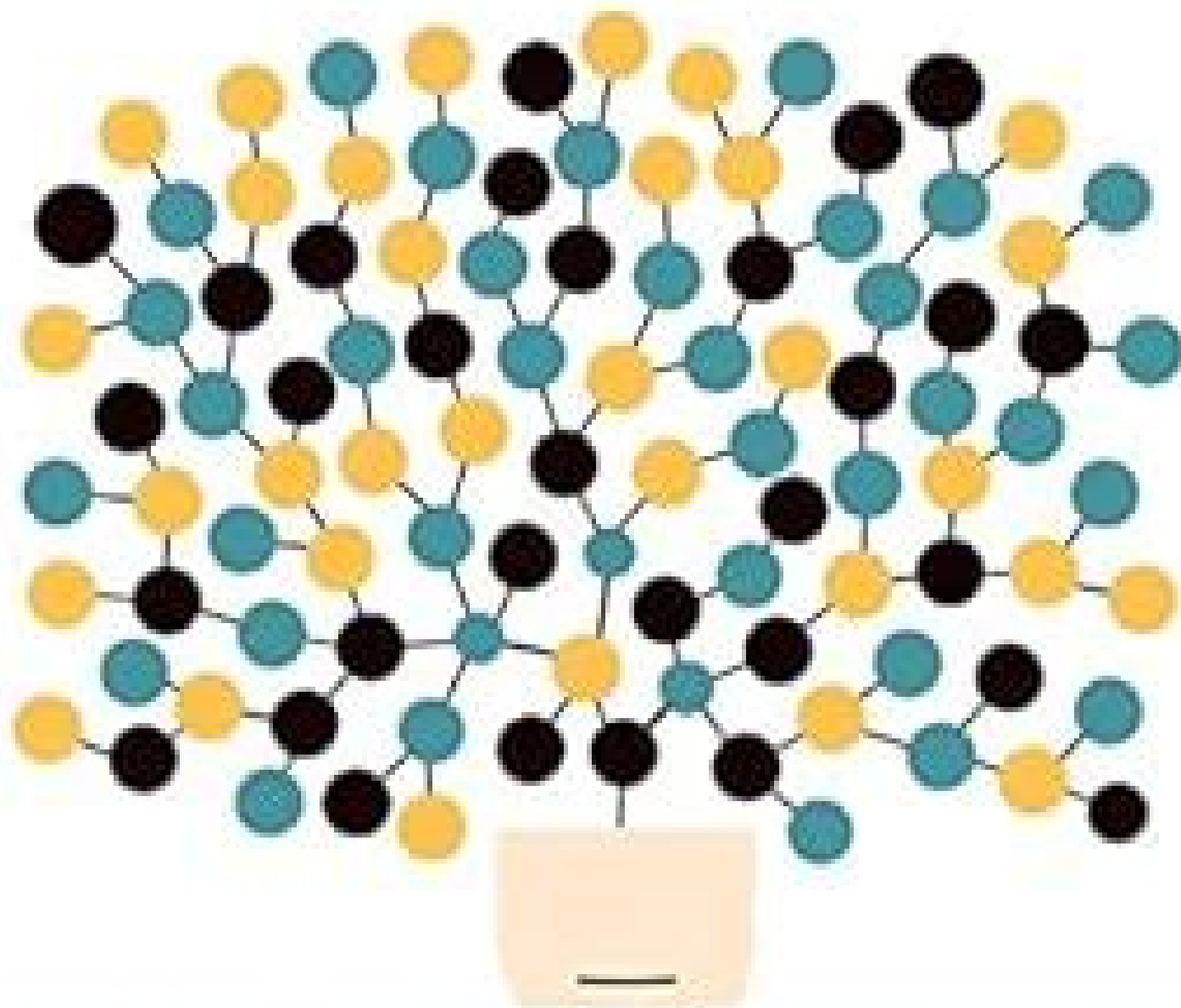




Brain-Savvy Leading: Neuroscience, tips and tools
By Jan Hills, Lindsay Hanson and Sarah North

Brainsavvy Leading Neuroscience Tips And Tools English Edition

Jan Hills



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Brain-Savvy Leading Jan Hills,Lindsay Hanson,Sarah North,2014 *Brain-Savvy Leaders* Charles Stone,2015-04-15

Leadership demands constant reframing and reappraisal of the situation at hand It requires focus objectivity honest appraisal of self and others and evaluation of available resources An effective Christian church leader must also align the congregation s vision and practices with God s vision and the teachings of Christ Perhaps most importantly the church leader must love others Author Charles Stone uses recent neuroscience research to show how basic brain processes affect leadership He writes in layperson s language with memory boosting illustrations and acronyms helping readers to increase productivity handle stress create and sustain healthy teams and manage change in the church Brain science complements and reinforces Christian teaching on life and leadership Brain Savvy Leaders equips readers to use that science as a tool for improvement for life and for the church Brain Savvy Leaders is the best book I have read on the brain science of healthy thinking and effective leadership Dr Stone has done an incredible job of balancing modern brain science with Biblical truth making complex ideas simple to understand and providing practical tools to enhance mental performance Timothy R Jennings M D FAPA President Tennessee Psychiatric Association Vice President Southern Psychiatric Association author The God Shaped Brain How Changing Your View of God Transforms Your Life an engaging and fun read that s also insightful informative and practical A valuable resource for spiritual leaders Golnaz Tabinia neuroscientist and assistant professor Carnegie Mellon University will help you with emotional regulation personal productivity team collaboration and change management It s a winner Dan Reiland Executive Pastor 12Stone Church Lawrenceville Georgia author Amplified Leadership shares helpful tips on how to master leadership in the church I needed this book Ron Edmondson Senior Pastor Immanuel Baptist Church Lexington Kentucky can help you take your church to the next level and help you better align your leadership with God s desires It will help you achieve greater focus and design more cohesive and collaborative teams I highly recommend it Jeffrey M Schwartz M D author of You Are Not Your Brain and Brain Lock Build Better Brains Martina Muttke,2020-09-23 Build Better Brains is neither a leadership book nor a book on neuroscience It merges the best of the two worlds to serve a new type of leader emerging with contemporary organizations The exciting news is that leadership has become measurable in the brain This opens a new perspective on the biology of leadership Have you every wished to discover what lies inside of the box on top of your head Are you aware that by reading this book you will forever change your brain because your brain is an eternal construction site Did you know that we have three brains One brain in the brain one in the heart one in the gut With Millennials and Generation Z becoming most of our workforce the way we think about leadership is changing Advances in neuroscience can prepare leaders to build a culture of trust and purpose for themselves and their teams Build Better Brains is neither a leadership book nor a book on neuroscience It merges the best of the two worlds to serve a new type of leader emerging with contemporary organizations Build Better Brains Offers practical science based applications for improving the

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