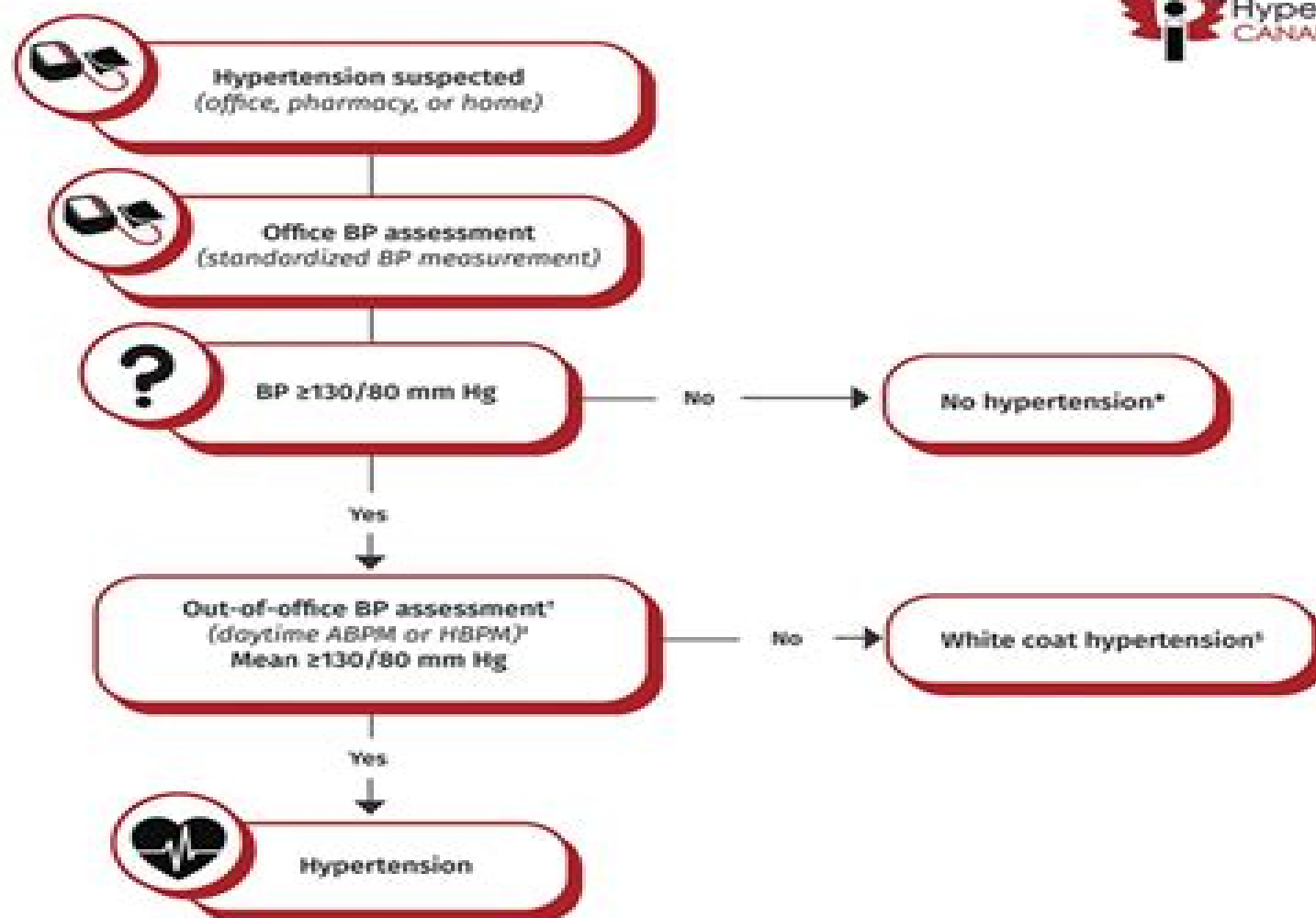


Figure 2. Suggested algorithm for the diagnosis of hypertension in primary care



ABPM—ambulatory blood pressure monitor, BP—blood pressure, HBPM—home blood pressure monitor.

\*Continue yearly or opportunistic BP monitoring. Perform out-of-office BP assessment if masked hypertension is suspected.

†If unavailable or infeasible, repeat office BP assessment at a separate visit.

\*Use Hypertension Canada-recommended or other validated home BP devices.

\*Continue yearly or opportunistic BP monitoring.

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# Current Canadian Hypertension Guidelines

**Maxine A. Papadakis, Stephen J.  
McPhee, Michael W. Rabow**



## **Current Canadian Hypertension Guidelines:**

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*The Canadian Journal of Cardiology*, 2008

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