

Spring 2022 Final Exam Prep

The Nursing Process

- Example of evaluations, interventions, goals, assessment, and diagnosis
 - Identify properly stated goal/intervention/evaluative statements
 - Identify any steps/step of the nursing process from a scenario
 - Recognize priority nursing diagnoses, goals, interventions/evaluation in a scenario
 - Assessment: What/how should data be collected?
 - Diagnosis: Describes pt problems the nurse can treat independently
 - Planning: "Pt will"- goals for pt in a specific time period
 - Implementing through intervention: "Nurse will"- things nurse will do for pt
 - Evaluation: Did the pt meet their / your goals?
1. Assessment: types - subjective vs objective assessment
 - a. Subjective: info received from patient
 - b. Objective: info nurse observes, labs, medical records, physical exam
 2. Diagnosis
 - a. know the 3 components of a nursing diagnosis
 - i. Problem
 - ii. Cause
 - iii. Defining characteristics- the evidence that contributes to the pt suffering from the problem
 - iv. Ex: Altered tissue perfusion related to myocardial infarction as evidenced by elevated cardiac enzymes, report of smoking for 25 years
 - b. differentiate between a medical vs a nursing diagnosis
 - a. Medical: identify diseases, prescribes, remains unchanged until disease is gone
 - b. Nursing: focus on unhealthy responses to illness, describe problems that are treatable by nurse, condition may change from day to day
 - c. Types of diagnoses - actual, potential, possible, wellness, syndrome
 - a. Actual: pt already had the problem
 - b. Potential: there's a risk that the pt may have the problem
 - c. Wellness: pt is well & nothing is wrong with them (ex: they come in for a physical)
 - d. Syndrome: a cluster of diagnoses, pt has multiple things wrong w/ them
 3. Outcome vs Intervention -
 - a. differentiate correctly stated intervention from an outcome, and vice versa
 - Outcomes: specific time goals for pt
 - Interventions: things the nurse can do for pt
 - b. know the components of an outcome/goal
 - Short- term or long- term goal
 - Must start w/ "Patient will"
 4. Evaluation
 - a. determine if a goal is met, partially met, and not met
 - b. recognize the types of outcomes to evaluate
 - Cognitive: inc in pt knowledge () teach pt this & they repeat it back to me)
 - Psychomotor: inc in pt skill () teach pt a physical skill & they repeat it back to me)
 - Affective: inc in pt belief/attitude () teach pt (ex: how to deal w/ stress) they repeat it back to me)
 - Physiologic: physical changes in pt (pt reaches goal by discharge)

Psychosocial health

- Stressors - examples of the types: Physiologic and psychologic

Block Concepts Final Study Guide

Xiaolong Qi



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