

The background of the entire cover is a photograph of a two-lane asphalt road that curves gently through a forest. The trees are in peak autumn foliage, with shades of yellow, orange, and red. Sunlight filters through the canopy, creating a warm, hazy atmosphere. The road has a double yellow line in the center and white lines on the edges. The overall mood is peaceful and contemplative.

# CANCER JOURNEY

A CAREGIVER'S VIEW FROM THE PASSENGER SEAT

CYNTHIA ZAHM SIEGFRIED

# Cancer Journey A Caregiver S View From The Passenger Seat

**K Morrison**



## **Cancer Journey A Caregiver S View From The Passenger Seat:**

Cancer Journey: A Caregiver's View from the Passenger Seat Cynthia Zahm Siegfried, 2010-01 On the day my husband Jim was diagnosed with cancer we began a journey that changed us forever I was just a passenger along for the ride but I was profoundly affected by the illness Jim frequently said he believed cancer is harder on the caregiver than the patient I don't believe that for a minute One thing though is certain the view from the passenger seat is different During our trip I learned that being caregiver to a seriously ill person has problems different from but equally as serious as those of the patient Like many thrust into this position I was ill equipped to handle the job For help I turned to God who showed me great and mighty things which I had not known before Jeremiah 33:3 After recovering from the initial shock of the diagnosis I determined to help my husband fight the disease I hoped that through diligent research we could learn which treatments tools and tricks might put him in the ten percent who survived this kind of cancer for five years I became a woman with a mission But I soon realized this missionary needed help My real burden as a caregiver was the emotional stress not the physical A cancer diagnosis is followed by a psychological and spiritual crisis as we move through the stages of grief toward acceptance Before I could accept the possibility of my husband's death I had to answer the basic question Why are we here and where are we going Once I had done that I was able to rest on God's promises and find hope in the midst of a grim prognosis When I relinquished all illusions of control and depended on God for my strength and wisdom my burden was lightened I actually experienced moments of humor and joy on what would otherwise have been a dismal terrifying trip I found my place was not in the driver's seat but in the passenger seat offering support to my husband as God lovingly chauffeured us over the peaks and through the valleys True to His Word He made a way in the wilderness and streams in the desert Isaiah 43:19 On the journey I learned more about the character of God He helped me develop an attitude of thankfulness As He met our every need spiritual and emotional I learned how the Law of the Harvest works He showed me how to share my experiences with others to bring glory to Him When I responded in obedience the floodgates of heaven opened and He showered me with abundant blessings in the middle of a life crisis As I moved through the stages of grief God held me in His hand I have never felt closer to Him than during that time When I handed the steering wheel over to God He guided me through each stage of the journey and left me with the roadmap I share in this story

**Cancer Journey** Cynthia Siegfried, 2017-05-23 On the day my husband Jim was diagnosed with cancer we began a journey that changed us forever I was just a passenger along for the ride but I was profoundly affected by the illness Jim frequently said he believed cancer is harder on the caregiver than the patient I don't believe that for a minute One thing though is certain the view from the passenger seat is different During our trip I learned that being caregiver to a seriously ill person has problems different from but equally as serious as those of the patient Like many thrust into this position I was ill equipped to handle the job For help I turned to God who showed me great and mighty things which I had not known before Jeremiah 33:3 After recovering from the initial shock of the diagnosis I

determined to help my husband fight the disease I hoped that through diligent research we could learn which treatments tools and tricks might put him in the ten percent who survived this kind of cancer for five years I became a woman with a mission But I soon realized this missionary needed help My real burden as a caregiver was the emotional stress not the physical A cancer diagnosis is followed by a psychological and spiritual crisis as we move through the stages of grief toward acceptance Before I could accept the possibility of my husband s death I had to answer the basic question Why are we here and where are we going Once I had done that I was able to rest on God s promises and find hope in the midst of a grim prognosis When I relinquished all illusions of control and depended on God for my strength and wisdom my burden was lightened I actually experienced moments of humor and joy on what would otherwise have been a dismal terrifying trip I found my place was not in the driver s seat but in the passenger seat offering support to my husband as God lovingly chauffeured us over the peaks and through the valleys True to His Word He made a way in the wilderness and streams in the desert Isaiah 43 19 On the journey I learned more about the character of God He helped me develop an attitude of thankfulness As He met our every need spiritual and emotional I learned how the Law of the Harvest works He showed me how to share my experiences with others to bring glory to Him When I responded in obedience the floodgates of heaven opened and He showered me with abundant blessings in the middle of a life crisis As I moved through the stages of grief God held me in His hand I have never felt closer to Him than during that time When I handed the steering wheel over to God He guided me through each stage of the journey and left me with the roadmap I share in this story     Peace in the Face of Cancer Lynn Eib,2017 Millions of us are living in the shadow of cancer Some are hoping to beat the odds and become cancer free while others know they are facing cancer for the long haul And even more of us are standing by someone with a cancer diagnosis and feeling helpless as we grapple with the uncertainty it brings Whether the cancer is considered in remission cured or chronic it is possible to find peace as we face it In this beautiful giftable book cancer patient advocate Lynn Eib shares how to live well from the moment of diagnosis through the rest of life She weaves the story of her own experience as a long time cancer survivor and those of others around the world into these hope filled pages You ll discover how to bring God s peace into your own home and heart regardless of your or your loved one s medical prognosis Deluxe LeatherLike binding

**The Advocate** ,2003-12-09 The Advocate is a lesbian gay bisexual transgender LGBT monthly newsmagazine Established in 1967 it is the oldest continuing LGBT publication in the United States     *Working Mother* ,2002-10 The magazine that helps career moms balance their personal and professional lives     **Working Mother** ,2002-10 The magazine that helps career moms balance their personal and professional lives     **Through the Scars** Pasha Chaney,2020-06-24 Through the Scars Rising from Cancer is a book about hope inspiration and encouragement for those diagnosed with cancer and caregivers who help support cancer patients The book offers a personalized cancer journey experience for those wishing to rise from the disease In this book Pasha journals her struggles obstacles and triumphs as she comes to grips with her own

news being newly diagnosed She shares very real and raw stories of being scared gaining hope and moving through a difficult time in her life She tells her story through a young person s eyes as a creative entrepreneur artist and mother who doesn t shy away from the taboo topic Through the Scars Rising from Cancer also gives a glimpse of insight into a caregiver s point of view who care for cancer patients It s meant to encourage and uplift the support system surrounding loved ones who need physical and mental support while caring for their family member If you want to learn more about what everyday cancer life feels like while receiving treatment and going through the recovery and remission process this is a great book to dive into and share with others who are also curious about the disease and how to overcome

**Caring for Cynthia** Amy Blackburn (Photographer),2008 Caring for Cynthia is a photographic essay about breast cancer community and caring This visual educational tool illuminates private moments of breast cancer survival from a caregiver s perspective Caring for Cynthia acknowledges real conversations about breast cancer and caregiver making it possible for those diagnosed to move from the shame of diagnos

**Happiness Through Hardship** Caryn Sullivan,2019-06-29 Does your diagnosis have you desperate as to what to do next Shocked scared and practically paralyzed with your next steps Help is here in this brilliant quick and simplified book backed with the best advice from a two time cancer survivor who walked in similar shoes Like a good friend holding your hand Caryn Sullivan s Happiness through Hardship is written in support of cancer patients their caregivers and or friends who need direction during the first few weeks after diagnosis This cancer surviving guide book empowers readers to take immediate steps for being prepared less stressed and able to find a little joy within the journey Happiness through Hardship directs those facing an initial cancer diagnosis with positivity and hope Structured with thoughtful tips and anecdotes this short book provides gentle guidance from the first few days to the thickness of treatments and includes a journal and note taking pages to be used as a reference during doctor appointments and meetings After her own cancer diagnosis Caryn understands the importance of a book that s easily digestible and not overwhelmingly long Her insight provides a little light during the darker days The first few weeks after diagnosis are often most challenging Caryn was blessed to have three angels Ellen Cavaiuolo Mary Ann Wasil and Meghan Zucker guide her throughout the early days This book is dedicated to them and half the proceeds will be donated to metastatic breast cancer research through The Cancer Couch Foundation

**Caregiving** Dianne Thompson,2006-07 This is a personal memoir of a woman faced with the impending fatal illness of her husband Dianne Thompson and her late husband Allen were blessed with a long marriage but faced an incredible trial when he was diagnosed with aggressive stage 4 cancer This is a story of a marriage and a family as well as of a courageous woman who helped her husband fight and accept his cancer and ultimately his death Confronting this change of life plan presented many challenges to the entire Thompson family Dianne describes the journey she and her husband shared as they adapted to the changes and challenges Allen s cancer brought to their lives She tells her story chronologically and uses e mails she sent to friends and family to bring in her feelings of the moment as well as shares her

perspective Dianne concludes that ultimately care giving is a shared journey between patient and family She describes the difficulties they faced with honesty humor and wisdom

**A Caregiver's Story** Ann Brandt,2007-12 One caregiver s chronicles of the journey she took with her husband as they battled his brain tumor Beautifully written Naomi Berkowitz Executive Director American Brain Tumor Association Just one year after battling a little known illness called Guillain Barre Ann Brandt faced another challenge when her husband was diagnosed with a rare debilitating and aggressive form of brain cancer Lacking in resources or formal instruction Brandt relied heavily on her faith and memories of how her husband cared for her during her illness to navigate them both through the difficult times ahead In A Caregiver s Story Brandt approaches the complexities of caregiving in a personal and empowering way that offers sound spiritual as well as practical advice to make caregiving more manageable She includes invaluable up to date information about Working with doctors and getting a second opinion Choosing a treatment plan Maintaining your life and sanity while offering good care Finding support groups and conferences Dealing with emotional and financial issues Making a connection between prayer and healing Brandt offers a loving encouraging environment to help steer you through difficult times and delivers much needed support and comfort For caregivers family members and friends alike A Caregiver s Story provides the support you deserve Ultimate Guide To Cancer Support for Patients and Caregivers Jo Spicer,2019-03-23 The complete resource for Cancer Patients and Caregivers This three part guide contains proven tips and strategies to navigate a cancer journey a comprehensive directory of over 400 cancer support groups plus the My Cancer Journey Workbook a step by step workbook to guide you through from diagnosis to health Record your appointments medication test results and more This is the essential handbook for every cancer patient and caregiver Contains everything you need to get through the trauma of diagnosis and treatment and on to recovery and wellness You can survive and thrive

*Things I Wish I'd Known* Deborah J. Cornwall,2013-10 Based on numerous interviews with cancer caregivers from across the United States this comprehensive guide intersperses real life stories with practical advice regarding the critical issues and decisions facing nonprofessional cancer caregivers Topics range from logistical to medical to financial and emotional concerns in order to empower patients and caregivers on the cancer journey A special chapter covers caring for children with cancer and how to best support children when another family member suffers from the disease A must read for all caregivers irrespective of age race or economic status

**Wisdom From Cancer Caregivers Journey** Richard Farmer,2022-08-30 Cancer Caregivers Journey Lessons Learned takes the reader on a deep introspective and at times a very intimate journey through several dynamic twist and turns that cancer commonly poses on the patient and at the same time the caregivers Dr Richard Farmer gathered six cancer caregivers from around the country to share their fears pains confusion and most importantly triumphs as they chronicle their personal reflections on navigating the providing of help and services to their cancer patients typically a spouse or other family member Rarely will anyone discuss the highs and lows of providing critical services to their cancer patients as they discuss their processes for delivering

the services so critical to short and long term health of their family cancer victims Finally these cancer caregivers will walk the reader through the patients receiving the initial diagnosis strategizing with the oncology physician sitting aside the patient through chemo treatment and figuring out how to potentially say goodbye to a family member whom they know and loved This is a must read for anyone desiring the inside story of helping patients who are experiencing the biggest fight of their life We congratulate Richard Farmer Cindy Bowden Linda Devine Diane Linick Betsey Hapner Sonja Skyp McCaughey Charlie Shockey and David Persky all who poured their soul into this amazing project that informs and empowers the world

Hope an Inspiring A-Z Guide for Cancer Patients, Survivors and Caregivers Patti McGee,2011-05-01 Inspiring cancer survivors share their stories to assist newly diagnosed cancer patients survivors and caregivers through their journey with cancer Each story offers inspiration hope and healing through journaling health tips and support programs **Living with Cancer As A New Normal** Dianna Mitchell Marston,2007-10 Dianna Mitchell Marston Author She has 6 years of hands on experience while care giving for her husband as they discovered Living With Cancer as A New Normal Through research and medical conferences she discovered many options for cancer treatments and care giving from around the world which include chemotherapy radiation bone marrow transplants nutritional options spiritual and holistic treatments medical care and assistance through care giving She explores options while navigating through the medical community insurance world and Social Security system Her insight touches on emotional physical and financial support home safety and provides a workbook to assist new patients and caregivers as they discover their New Normal Helen Starbuck Pashley Medical Editor She is a Registered Nurse published author and freelance editor writer She holds a master s degree in counseling psychology I have found Living With Cancer as A New Normal to be an essential part of our group library and is offered to all of our support group members I think it s the best book I ve ever read about dealing with cancer or any other serious illness Peter R Tischler Is a writer cancer patient researcher and founder of the North Texas Multiple Myeloma Support Group As a therapist I find ways to educate problem solve and find tools for helping patients with the logistics of their illness Living With Cancer as A New Normal is an excellent resource for patients and caregivers It offers a personal journey and a workbook to assist patients and caregivers Jill Chamberlin Occupational Therapist One Tough Journey Bruce Jacobs,2009-03-25 **A Journey of Love and Miracles** Ken And Pat Birt,2012-08 Ken and Pat were in their sixties when they discovered each other on an online dating site Each was looking for a friend to spend some time with they could not imagine the events they would come to experience together as they began their relationship In A Journey of Love and Miracles they tell the story of how they met and got engaged and how Pat s cancer diagnosis changed the course of their love affair and their lives This is a story of faith love and miracles that should be shared with others who face cancer its prognosis treatment and the aftermath They have chosen to share their journey through years of cancer diagnosis and treatment to provide hope and help to cancer patients and their families Since the beginning of their time together they have been faced with the insidious disease of

cancer Their story is proof that life can go on full of love and friendship For patients families and friends the Birts share numerous helpful suggestions that have grown out of their journey together In *A Journey of Love and Miracles* Ken and Pat Birt recall their inspiring life experiences complete with fears and difficult decisions and tempered with love support joy and miracles

**The Journey Through Cancer** Jim Serritella, 2016-07-15 The ER doctor said Let s take a chest x ray just to be safe The results were simple the sentence easily stated and the next time period of life was about to be defined There is a white spot on the top right lung You d better have your doctor look at this That spot turned out to be lung cancer and with that diagnosis Jim and Betty Serritella began a journey of tests and treatment on the road to becoming cancer free Fighting and winning the battle with cancer is a long and arduous process You need a team of doctors and nurses you can trust friends and loved ones to provide support and lots of prayer The *Journey Through Cancer* is a road map of the process Jim and Betty followed to battle Betty s lung cancer Jim wrote this book to help provide guidance for those on their own cancer journey especially the caregivers and patient advocates and to share lessons they learned along the way The *Journey* is a heartfelt personal account of struggle through the diagnosis treatment and recovery of cancer This book is not an oncology textbook written by a medical expert This is a user s guide written by an experienced caregiver intended to help other patients caregivers and team members get a better understanding and insight into this most challenging process Dr Neil Farber MD PhD Associate Professor This book offers great spiritual medical and practical guidance for the cancer patient caregiver relative of patient friend of patient and those working on the patient s prayer chain Please read it and remember how each of us being treated need those daily naps good nights of sleep and the knowledge that our loved ones are in our corner at all times supporting our effort to battle the disease with prayer good wishes humor and the occasional good meal

Cancer survivor Daniel M Gray Attorney at Law Falls Church VA Jim Serritella is veteran of the US Air Force and he spent more than fifty years in the world of systems computers and consulting He is a life member of the Disabled American Veterans the American Legion Post 171 of Damascus Maryland and a fourth degree Knight of Columbus His advice for those going through the cancer journey Don t stop asking questions And don t forget to pray for help and understanding in fighting a battle you cannot win alone

*Journeys in Cancerland* John-Peter Bradford, Lisa Newman, 2012-05 *Journeys in Cancerland* offers two object lessons in patient participation For a long time patients barely participated in their own care Once diagnosed with a disease like cancer they would enter an all consuming acute care system that took over their lives until they went into remission or died That this is no longer the case is due for the most part to patients and caregivers like John Peter Bradford and Lisa Newman who have begun to take charge of their care Their stories are not merely instructive about cancer they are lessons in how to live with life threatening illness and how to face death John Peter Bradford is CEO of Bradford Bachinski Limited and a member of the Cancer Care Advisory Committee of the Ottawa Regional Cancer Foundation Lisa Newman has over thirty years experience in the Ontario healthcare system as a clinician supervisor and manager Foreword

by Sholom Glouberman President of the Patients Association of Canada

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