

Step 5. recisite the tred person's floot. It's exercit to do if they're flat on their back.



Step 2 foot your rope eventy in two, keeping the hight between your thurst and forefriger



Step 3: wrop several times around the foot



Step 4: he an over-hand knot through all cords, an shown



Step 5: 18 up -



- and double knot.



Step 6: pull the foot all the way back, to the fied person's but!



Like so:



Step 7: wrap the rope over the trigh. & call, passing it under the original rope on the outside.



Step 8 hook the rope down, returning to loop around thigh 8 call in the opposite direction



Step 9: now pass that rope under the second loop (at the shin) that profes presided



Step 50; reverse again, this time going over the thigh.



Step 19; continue until you reach just below the knee.



Step 12: To off with an over-hand book



Salva risps can be fusion in, or used for decomption



Opposite since

# **Balls Rope Bondage Guide**

Daniel Wolfe, Gay Men's Health Crisis, Inc

#### **Balls Rope Bondage Guide:**

How do I become a Mistress? Mistress Moriah, 2025-09-15 With the book How to become a Mistress Mistress Moriah presents her candid and special view from her experience as a Mistress and lifestyle Femdom lady Her views have emerged from walking her own path and from the many conversations she has had with dominants and subs over the years She hopes this book can be an inspiration and give more insight into the deeper layers of experience The book forms a practical reference book for certain acts from Age play to Whips as a small handhold in the wonderful world of BDSM Questions such as How safe is sounding How does electro work Where is the best place to hit with the cane or What is the deeper experience of Needleplay are covered in detail The book informs in an engaging way that makes the content an enjoyable read It is an absolute must have for the novice or discovering Domina but just as much for social workers who want to understand more about BDSM 

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