

# BAR GUIDE

## QuickStudy

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- vodka
  - multi-mixers
  - martinis
  - brandy
  - tequila
  - whiskey
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  - gin
- rum
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  - wines
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  - and much more...

Traditionally the martini is made with gin and vermouth. More popularly today, it is made with vodka. Here you can understand "stronger" martinis. Some prefer to partially offset any overabundance of dryness with the aromatic taste of olive or the milder, slightly sweetened taste of lemon.

### CLASSIC MARTINI

1 oz. gin  
dash dry vermouth

Combine liquids in mixing glass with ice and stir rather if you're a James Bond fan. Strain into chilled stemmed glass. Garnish with olive.

### VARIATIONS

Note: Dryness quotient of vermouth is a complex subject. Some prefer a splash of vermouth against both the ice and alcohol (the entire notion adding the liquor after the ice has melted). Very dry may mean just pouring thecock from the vermouth bottle continuously over the glass after initial mixing. Super-dry may mean straight vodka while merely stating the vermouth bottle after a few full sips.

**Traditional** - use hint of lemon rind for the olive.

**Cheese** - use a cocktail onion for the olive.

**Vodka Martini** - use vodka for the gin.

**Sweet Martini** - use sweet vermouth for the dry.

Sometimes a dash of orange juice is added.

## Martinis



Stemmed Glass

# Bar Guide Laminated Chart

**G Thomas**

A red circular graphic with a gradient, appearing as a stylized arrow or a partial circle, located to the right of the 'G Thomas' text.

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web sep 10 2018 in my program on paleolithic hiit i recommend establishing an endurance base of 20 minutes before doing any hiit what i ve found is that this endurance base alone can go a long way in helping

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