

CONCEPT MAP: BIPOLAR DISORDER

Pathophysiology

Bipolar disorder is a mental health condition that causes extreme mood swings that include emotional highs (mania or hypomania) and lows (depression).

Risk Factors

- **Genetics:** Immediate family member
- **Physiological:** neurotransmitters imbalance
- **Environmental:** increase stress trigger mania and depression

Sign & Symptoms

- Heightened, grandiose, or agitated mood
- attention seeking
- poor judgement
- sleeplessness or restlessness
- rapid speech
- flight of ideas
- reduced ability to filter out external stimuli; easily distracted
- increased level of energy
- perform high risk activities

Potential Complications

- substance abuse
- suicidal ideation or attempts
- financial problems
- damaged relationship
- poor work or school performance

Nursing Diagnosis

- **Risk for injury** as evidenced by impaired judgement that could lead to engaging in dangerous activity.
- **Risk for violence: self-directed or other directed** as evidenced by delusional thinking and hallucinations.
- **Impaired social interaction** related to disturbed thought process as evidenced by inability to develop satisfying relationships.
- **total self care deficit** related to inability to concentrate on one thing at a time as evidenced by observations of inability to perform ADLs task independently.

Nursing Intervention

- maintaining a safe environment
- providing therapeutic communication.
- limiting environmental stimulation
- providing rest periods
- monitor ADLs functioning and nutritional diet
- promoting appropriate behaviors
- managing medications

Evaluation

- client is able to differentiate between reality and unrealistic events/situations
- client is able to recognize thoughts that are not based in reality and stop their progression
- client is able to gain or maintained weight during hospitalization
- client will not act perform self harm activities or harm others
- client is no longer exhibiting signs of physical agitation

Treatment

- Mood stabilizers: Lithium, anticonvulsants (valproic)
- Antipsychotics: risperidone, chlorpromazine, olanzapine
- Antidepressants: SSRIs; fluoxetine
- ECT, CBT, Family and Group therapy

Patient Education

- medication adherence
- sign/symptoms of medication adverse effect
- follow up w/ case management
- encourage family/group therapy
- importance of regular ADL pattern

Concept Map Bipolar Disorder

Mary C Townsend



Concept Map Bipolar Disorder:

Essentials of Psychiatric Mental Health Nursing Mary C Townsend, 2013-08-16 New DSM 5 content Whether it s an entire course on psychiatric nursing or integrating these principles into an existing course this is the text that s concise engaging and informative It offers an evidence based holistic approach to mental health nursing in a streamlined format that explores nursing diagnoses for both physiological and psychological disorders It s the psychiatric nursing text that students actually read understand and use

Mental Health Nursing Linda M. Gorman, Robynn Anwar, 2022-09-30 Here s the must know information LPN LVN students need to care for patients with mental health disorders where they ll encounter them in general patient care settings An easy to read conversational writing style shows you how to recognize and respond to the most important mental health issues You ll also explore important communication techniques ethical and legal issues and alternative and complementary treatments Coverage of nursing interventions basic psychiatric nursing skills and psychopharmacology prepares you for the NCLEX PN exam and clinical practice Better than the mental health chapter from a typical textbook Everything you need to learn about mental health Lisa J Online Student Reviewer Perfect Easy to study love it Liza Online Student Reviewer Expanded LPN LVN Connections a consistent LPN LVN focused approach to design organization and features makes F A Davis texts easier for students and instructors to use across the curriculum Updated The latest knowledge and practices in the field including revisions from the DSM 5 TR 2022 New Updated Coverage of the impact of the COVID 19 pandemic on anxiety and depression the opioid crisis and mental illness in the homeless and veteran populations and systemic racism in health care New Patient Education and Evidence Based Practice boxes Full color illustrations tables bulleted lists and a reader friendly writing style to make concepts easy to understand Focus on the new NCLEX PN test plan Coverage of mental health conditions across the lifespan Care plans with detailed descriptions of specific interventions and expected outcomes Content on specific nursing interventions and basic psychiatric nursing skills Coverage of psychopharmacology including must know side effects Case studies with critical thinking questions to emphasize clinical reasoning skills Crucial information on palliative and restorative care for long term care settings Discussions on alternative treatment modalities to facilitate communications with people of different religious and cultural backgrounds as well as descriptions of religious and cultural beliefs and their impact on mental health and treatment

Psychiatric Nursing Mary Ann Boyd, 2008 The AJN Book of the Year award winning textbook Psychiatric Nursing Contemporary Practice is now in its thoroughly revised updated Fourth Edition Based on the biopsychosocial model of psychiatric nursing this text provides thorough coverage of mental health promotion assessment and interventions in adults families children adolescents and older adults Features include psychoeducation checklists therapeutic dialogues NCLEX notes vignettes of famous people with mental disorders and illustrations showing the interrelationship of the biologic psychologic and social domains of mental health and illness This edition reintroduces the important chapter on sleep disorders and includes a new chapter on forensic

psychiatry A bound in CD ROM and companion Website offer numerous student and instructor resources including Clinical Simulations and questions about movies involving mental disorders **Fragile X Spectrum Disorders** Randi Jenssen Hagerman,David Hessel,Sarah Lippe,Francois Bolduc,2022-08-29 *Basic Concepts of Psychiatric-mental Health Nursing*

Louise Rebraca Shives,2007 This seventh edition includes new chapters and maintains popular features from previous editions such as self awareness prompts while adding research boxes and student worksheets at the end of each chapter

Sleep and Neuropsychiatric Disorders Ravi Gupta,David N. Neubauer,S. R. Pandi-Perumal,2022-02-01 This book explores the intricate links between sleep and neuropsychiatric diseases In clinical settings understanding the development treatment and management of neuropsychiatric diseases poses a substantial challenge Neuropsychiatric disorders place a significant cost on society affecting the health of people affected care providers and the general community Sleep and neuropsychiatric disease are inextricably linked Sleep disorders are widespread in these populations and are frequently overlooked in neurology and psychiatry The book offers readers up to date information on different facets of the bidirectional connections between sleep and neuropsychiatric diseases Following the initial fundamental science part a unique series of chapters concentrate on the behavioural manifestations of sleep problems a hitherto unexplored field Additional chapters include patient evaluation techniques as well as public health implications of sleep disorders The individual chapters cover all main mental and neurological diseases where a change in sleep is evident and recent concepts in pathogenesis presentation evaluation and treatment Neuropsychotropic drugs must be seen as a double edged sword when it comes to sleep and sleep disorders Overall this book is an excellent resource for learning about neuropsychiatric diseases and how they affect sleep while simultaneously being impacted by sleep Psychiatric Mental Health Nursing Noreen Cavan Frisch,Lawrence E.

Frisch,2006 Building knowledge and fostering empathy simultaneously no other book captures nursing care for patients with psychiatric disorders quite like Psychiatric Mental Health Nursing The distinctive approach of this text is unrivaled as it utilizes excerpts from literature movie clips and classic art to convey actual experiences of clients with psychiatric disorders The scientific basis of disease is presented for a thorough collection of conditions and disorder types such as anxiety depression mania and schizophrenia as well as therapeutic and pharmacological interventions for the people experiencing them Special consideration is also provided for the suicidal client the client who abuses chemical substances and survivors of violence or abuse Comprehensive in scope and unique in delivery this title presents the reality of psychiatric nursing care

Discovering Psychology Susan Nolan,Sandra Hockenbury,2024-10-21 Discovering Psychology is the most effective book available for helping students develop scientific literacy while exploring the real impact of psychology across the breadth of cultural diversity **Psychiatric Mental Health Nursing** Katherine M. Fortinash,Patricia A. Holoday Worret,2011-10-03

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psychiatric disorders and shows you how to manage stress NEW Forensic Nursing in Clinical Practice chapter explains current therapies used in the treatment of physiological and psychological health problems and demonstrates the importance of the nurse's role in providing holistic nursing care Psychology Sandra E. Ciccarelli, Glenn E. Meyer, 2007-10 No further information has been provided for this title **Case Studies in Psychiatric Nursing** Betty Kehl Richardson, 2007 By simulating the actual decision making process learners gain the confidence necessary to make informed clinical judgments that will help them become successful nurses BOOK JACKET Psychology (Paperback) Pearson, Glenn Meyer, Sandra Ciccarelli, 2005-10 NEW MyPsychLab edition available October 2007 Text comes automatically with MyPsychLab for no additional charge Includes end of chapter study tips directing students to MyPsychLab for further study No changes to pagination from Ciccarelli Meyer Psychology 1e The most learner centered and assessment driven text available Using the APA undergraduate psychology learning outcomes the authors establish clear learning objectives for students and tie the text assessment to these objectives Praised for a very engaging writing style comprehensive coverage of key research and strong pedagogical features Ciccarelli focuses on getting students to actually read their textbook Student feedback from numerous class tests and instructor feedback from an extensive reviewing process emphasize the appeal of Ciccarelli's approach to teaching and learning in today's classroom **Learning to Think Things Through** Gerald M. Nosich, 2005 Since the mid 1980s Gerald Nosich has been committed to teaching Critical Thinking across the curriculum and throughout the disciplines He believes that in the final analysis the only way for students to master content in any course is to think their way through it And the only way to effectively control their own lives and choices is by learning to think more critically about them Built on Richard Paul's model of critical thinking Learning to Think Things Through was written to help students engage in critical thinking within the discipline or subject matter they are studying In addition students will better appreciate the power of the discipline they are studying see its connections to other fields and to their day to day lives maintain an overview of the field so they can see the parts in terms of the whole and become active learners rather than passive recipients of information Learning to Think Things Through is ideal for instructors addressing the critical thinking component in composition courses sciences humanities the professions in any field Acta Psychiatrica Scandinavica, 2003 **Concepts of Mental Disorder** Alan Kerr, Hamish McClelland, 1991 *Teen Health Course 3* Wright Group-McGraw Hill, 2002-04 **The Meaning of Madness** Neel Burton, Neel L. Burton, 2009 This book proposes to open up the debate on mental disorders to get people interested and talking and to get them thinking For example what is schizophrenia Why is it so common Why does it affect human beings and not animals What might this tell us about our mind and body language and creativity music and religion What are the boundaries between mental disorder and normality Is there a relationship between mental disorder and genius These are some of the difficult but important questions that this book confronts with the overarching aim of exploring what mental disorders can teach us about human nature and the human condition Dr Neel Burton qualified in neuroscience and

medicine from the University of London and is a Member of the Royal College of Psychiatrists He is the the author of several books including a prize winning textbook of psychiatry and a prize winning self help book for people with schizophrenia He lives and teaches in Oxford Nursing Diagnosis Handbook Betty J. Ackley,Gail B. Ladwig,2008 A reference to help nursing students and practising nurses select a nursing diagnosis and write plans of care with ease and confidence The book provides care plans for every NANDA diagnosis and provides a quick access index of appropriate nursing diagnoses for over 1200 clinical entities **Using Concept Maps in Therapy with Substance Abusers in the Context of Gowin's Theory of Educating** Joan M. Mazur,1989 *Canadian Journal of Psychiatry* ,2009

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