

CARDIOVASCULAR SYSTEM : ANATOMY & PHYSIOLOGY

FUNCTION OF CIRCULATION

Delivers O₂ , nutrients, hormones and antibodies to organs, tissues and cells
Removes the end product of cellular metabolism

FUNCTION OF THE HEART

Pumps oxygenated blood into the arterial system to supply capillaries and tissue
Pumps oxygen poor blood from the venous system through the lungs to be reoxygenated.

ANATOMY OF THE HEART

Cone shaped organ located in the mediastinal space.
The pericardial sac encases the heart and protects it, lubricates and holds 5-20 ml of pericardial fluid. This has two layers.

- the parietal pericardium which is the outer membrane
- the visceral pericardium is the inner membrane attached to the heart.

CONSISTS OF 3 LAYERS

- Epicardium : outermost layer of the heart
- Myocardium: middle layer of the heart, the contracting muscle
- Endocardium: innermost layer of the heart, lines the inner chambers and the valves.

4 CHAMBERS

- Right atrium: carries deoxygenated blood from the body via superior and inferior vena cava.
- Right ventricle: carries blood from the right atrium and pumps it into the lungs through the pulmonary artery
- Left atrium: carries oxygenated blood from the pulmonary veins
- Left ventricle: carries oxygenated blood from the left atrium and pumps it into the systemic circuit through the aorta.

4 VALVES

Two atrioventricular valves that close at the beginning of ventricular contraction. They prevent blood from flowing back into the atria.

- Tricuspid valve : on the right side of the heart
- Bicuspid valve: on the left side of the heart

Two semilunar valves that prevent blood from flowing back into the ventricles during relaxation

- Pulmonic semilunar valve: between the right ventricle and pulmonary artery
- Aortic semilunar valve: between the ventricle and the aorta.

CORONARY ARTERIES

- Right main coronary artery: supplies the right atrium and ventricle, the inferior left ventricle, posterior septal wall, SA and AV nodes.
- Left main coronary artery: consists of two main branches left anterior descending which supplies blood to the left ventricle and the ventricular septum and circumflex arteries which supply blood to the left atrium and the lateral/posterior aspects of the left ventricle.

BLOOD FLOW OF THE HEART

- From the superior and inferior vena cava oxygen poor blood goes to the
- Right atria through the tricuspid valve
- Right ventricle to the pulmonary valve
- To the pulmonary trunk and arteries into the lungs Co₂ is lost and O₂ is gained in the pulmonary capillaries
- O₂ rich blood enters the pulmonary veins to the left atrium
- Blood travels through the bicuspid valve and enters the left ventricle
- Blood moves through the aortic valve and travels through the aorta to the systemic circuit



Sectional Anatomy of the Heart

ELECTRICAL CONDUCTION

- SA node: pacemaker of the heart and initiates contraction at 80- 100 BPM.
- AV : receives impulses from the SA node initiates and sustains impulses at 40-60 BPM
- Bundle of His: continuation of the AV node and branches into the the bundle branches which terminate in the purkinje fibers
- Purkinje fibers: network of conducting strands beneath the ventricular endocardium. They can act as a pacemaker when the SA and AV fail as pace makers. They can sustain at 20-40 BPM

Cardiovascular Study Guides

Denise F. Polit, Cheryl Tatano Beck



Cardiovascular Study Guides:

Human Heart (Speedy Study Guides) Speedy Publishing, 2014-06-21 A chart of the human heart would show the details of the valves and arteries It shows the aspects of the circulatory system in relation to the heart Details are given about it being a muscle as well as how many times it should beat for children and adults at various ages in life Chambers are labeled the mitral and tricuspid valve are labeled and the blood vessels are shown in color to help designate those that take blood from the heart and those that take blood to the heart *Nuclear Cardiology Technology Study Guide (Voice)* Ann Marie Alessi, 2010 Study Guide for Essentials of Nursing Research Denise F. Polit, Cheryl Tatano Beck, 2014 Study Guide for Essentials of Nursing Research 8e augments the text and provides students with exercises for each text chapter that furthers their understanding and application of the text content Critiquing opportunities abound in the Study Guide which includes eight full length studies in their entirety representing a range of research types Application Exercises are based on these studies and guide students in reading understanding and critiquing the studies In addition there are activities to support the learning of fundamental research terms and principles including fill in the blanks matching exercises and Study questions *Cardiovascular Nursing Practice* Carol Jacobson, Karen Marzlin, Cynthia Webner, 2007-01-01 This book is primarily for clinical cardiac nurses working with patients in all types of clinical settings intensive care telemetry units step down units emergency departments chest pain centers cardiac and interventional radiology laboratories physician offices and clinics and in home health care It is a useful resource for students and educators in hospitals as well as schools of nursing and for clinical nurse specialists who are responsible for teaching and supporting clinical nursing staff This comprehensive resource manual for cardiovascular nurses is an outstanding addition to your unit s library or your own personal collection It is a great way to study for certification exams or to increase your knowledge and achieve excellence in cardiovascular patient care Each chapter includes a practice test at the end to test your knowledge *Cardiovascular Nursing Practice* Carol Joan Jacobson, Karen Marzlin, Cardiovascular Nursing Education Associates, Cynthia Webner, 2014-05-01 **Heart (Advanced) Speedy Study Guides** Speedy Publishing, 2014-07-11 The benefits of having a pamphlet on the Human Heart for biology students is that it would provide them with quick reference on the topic By providing what the heart looks like how it works problems with heart conditions with visual illustrations of the heart chambers valves and its many elements The heart is an important organ that pumps blood to all parts of the body This pamphlet is designed as a quick study guide Study Guide for Health Psychology, an Introduction to Behavior and Health Linda Brannon, Jess Feist, 1997 Offers a balanced view of health psychology one that includes both behavioral medicine and and behavioral health Organized into chapters that correspond to the main text the guide includes innovative fill in the blank exercises as well as multiple choice matching and essay questions that prompt active learning In addition it contains Let s Get Personal exercises to help students integrate the health information in each chapter into their own lives Cardiac/Vascular Nurse Exam Secrets Study Guide:

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other bestselling Elizabeth George titles loved by millions of women *Embracing God's Grace* Elizabeth George, 2010-05-01

As the latest book in bestselling author Elizabeth George's popular A Woman After God's Own Heart Bible study series 550 000 copies sold *Embracing God's Grace* focuses on Colossians and Philemon helping readers strengthen their faith by discovering more about God and His principles Working through 25 lessons readers will better understand who Christ is and who they are in Him They'll be encouraged to embrace His life in all its fullness and put away their sin natures develop compassion kindness peace and other fruit of the Spirit draw on Paul's dedication and zeal to live fully for Christ employ the keys to recognizing and avoiding false teachings know and accept the amazing grace and forgiveness God offers This uplifting and stimulating study helps readers know more about their Lord and Savior Jesus Christ and how they can live and share His love wisdom and teachings

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Cardiology Board Review and Self-Assessment: A Companion Guide to Hurst's the Heart Mark Eisenberg, Jonathan Afilalo, Jacqueline Joza, Ravi Karra, Patrick Lawler, 2018-08-22 GAIN A GREATER UNDERSTANDING OF CARDIOVASCULAR MEDICINE AND SHARPEN YOUR BOARD PREPARATION SKILLS WITH THE ONLY REVIEW BASED ON THE CONTENT OF HURST'S THE HEART Cardiology Board Review and Self Assessment is an all inclusive study guide and learning tool written to complement the Fourteenth Edition of Hurst's the Heart the field's cornerstone text and the resource considered by many to be the pinnacle of cardiovascular knowledge Cardiology Board Review and Self Assessment contains more than 1 100 carefully selected questions and answers presented in multiple choice format Each of the 112 chapters of Hurst's the Heart is represented in this unique review with ten multiple choice questions Detailed answers are provided for each question including not only an explanation of why the correct answer is correct but also why the incorrect answers are incorrect HERE'S WHY THIS IS THE ULTIMATE BOARD REVIEW AND CARDIOLOGY LEARNING TOOL Questions and answers correspond to appropriate sections of Hurst's the Heart and include valuable tables figures images and references The more than 1 100 Q A span the depth and breadth of the entire field of cardiovascular medicine High yield material is specifically selected for Board relevance Includes content based on ACC AHA and ESC guidelines Cardiology Board Review and Self Assessment A Companion Guide to Hurst's the Heart is essential reading for anyone preparing to take the Subspecialty Examination in Cardiovascular Disease given by the Board of Internal Medicine as well as practicing cardiologists preparing for recertification It is also of value to medical students residents fellows practicing physicians and other healthcare professionals who wish to expand their knowledge of cardiovascular medicine

A Young Woman After God's Own Heart - A Devotional Elizabeth George, 2008-01-01 Elizabeth George

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Tintinalli's Emergency Medicine: A Comprehensive Study Guide, 8th edition Judith E. Tintinalli, J. Stephen Stapczynski, O. John Ma, David M. Cline, Garth D. Meckler, 2016-03-22 The most widely used and highly regarded textbook and reference of emergency medicine Endorsed by the American College of Emergency Physicians The 8th edition of Tintinalli's Emergency Medicine provides the depth and breadth of coverage that reflects the complexity and expertise needed to practice emergency medicine successfully in today's fast paced environments It is an important contemporary clinical emergency care resource for physicians NPs and PAs who practice emergency medicine and for emergency medicine and pediatric emergency medicine fellows It remains the preferred study guide for in training and board examinations and recertification NEW to this edition Full color design with more tables than ever to succinctly present key information Extensive updates to all sections incorporating the latest guidelines evidence based protocols and relevant research Expanded pediatric section with complete clinical information for general and pediatric emergency physicians Expanded coverage of common emergency department procedures with improved illustrations Online access to more than 30 videos covering a wide range of procedural and diagnostic topics and focusing on the latest ultrasound guided techniques From the reviews of the seventh edition Collectively they have once again produced an excellent text that manages to cover the broad scope of emergency medicine while remaining an easily readable and practical resource Last for the inevitable comparison of this current edition of Tintinalli's Emergency Medicine with other available emergency medicine textbooks available in my opinion Tintinalli's still comes out on top It is more concise and easier to read than some yet it covers the breadth of emergency medicine practice more comprehensively than others Just as previous editions did the seventh presents all of the most pertinent and up to date information in a well organized format that is comprehensive yet easy to read That and many of the attractive new features in this current edition will ensure its place on my bookshelf for years to come JAMA

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