

DOT Physical Requirements



VISION

20/40, 70 degree peripheral

HEARING

Less than 40 dB total hearing loss

MOUTH/THROAT

Breathing interferences

CHEST

Sound, respitory rate, cynosis

HEART

Defibrillators, pacemakers, enlargement

VASCULAR

Resting Pulse

GENITOURINARY

Hernias

URINE SAMPLE

No blood or protein sugars



EYES

Pupil dilation, reaction, eye diseases

EARS

No damage to ear drums/canals

BLOOD PRESSURE

140/90 or lower

SPINE

Deformities, mobility, tenderness

HANDS/ARMS

Atrophy, mobility, paralysis

LEGS/FEET

Atrophy, clubbing, limp, paralysis

GENERAL APPEARANCE

Signs of substance abuse, tremors

Dot Physical Guidelines

United States. Congress. House.
Committee on Public Works and
Transportation. Subcommittee on
Surface Transportation

Dot Physical Guidelines:

Guidelines for an Occupational Health & Safety Service ,1995 **Federal aviation regulations** United States. Federal Aviation Administration, 1995 The CME's Guide to the DOT Physical Exam David A. Thorpe, 2013-01-01 The NRCME Study Guide is the premier study guide available today to assist multi disciplinary health care providers preparing to sit for the certification examination for the National Registry of Certified Medical Examiners Prepared so that all defined categories identified by the NRCME as areas tested are organized for easy reference and study Categories include The Health Driver Physical and CertificationRegulations to RememberDocumentationCertification PeriodsWaiting PeriodsRequired Medical ClearanceRequired and Recommended TestingCounseling RequirementsWaivers Exemptions and SPEDisqualifying Conditions Temporary and Permanent Disqualifying Medications and Medications of ConcernNRCME Practice Test Each section and its components contain page references in parentheses to The CME's Guide to the DOT Physical Exam so that the candidate may expand on their understanding of each category and condition A 50 question practice test with answers is included to further assist the candidate in their preparation to take and pass the certification examination Subscribers may purchase at discounted pricing Primary Care Tools for Clinicians Lorraine Loretz, 2005-01-01 Designed to save time and assist busy practitioners this book guides standardized assessment and documentation of a patient s condition by providing ready to use forms that represent the gold standard of current practice

Health Promotion and Disease Prevention for Advanced Practice: Integrating Evidence-Based Lifestyle Concepts Loureen Downes, Lilly Tryon, 2023-09-29 Health Promotion and Disease Prevention for Advanced Practice Integrating Evidence Based Lifestyle Concepts is a unique new resource that is not afraid to address lifestyle concepts that can change the trajectory of healthcare in the United States and globally It provides practical evidence based approaches to reduce the pandemic of preventable lifestyle related chronic diseases such as heart disease hypertension some strokes type 2 diabetes obesity and multiple types of cancer It provides nurse practitioners and physician assistants with the lifestyle management tools needed to contribute to a higher level of care to promote health and prevent disease The authors take a deep dive into the literature regarding lifestyle concepts and practical management of lifestyle related chronic diseases. They discuss the root causes of diseases and approaches for patient centered care strategies for health promotion reimbursement and trending telehealth delivery of health care Rules and Regulations U.S. Nuclear Regulatory Commission, 1987 Federal Register Transportation of Hazardous Materials Through City Streets United ,1980-01-25 Code of Federal Regulations ,2010 States. Congress. House. Committee on Public Works and Transportation. Subcommittee on Surface Transportation, 1980

Implementation Guidelines for Alcohol and Drug Regulations in Highway Transportation Gayle DeGennaro,1996
Barron's How to Prepare for the CDL, Commercial Driver's License Test, Truck Driver's Test Mike Byrnes, Mike Byrnes & Associates,1991 Sample questions and pre and post test sections with answer key Detailed Illustrations and Diagrams to help

you pass the behind the wheel test Guidelines for Evaluating and Selecting Modifications to Existing Roadway Drainage Infrastructure to Improve Water Quality in Ultra-urban Areas, 2012 At head of title National Cooperative Highway Research Code of Federal Regulations, Title 49, Transportation, PT. 1-99, Revised as of October 1, 2015 U S Office of the Federal Register, 2016-01-29 The Code of Federal Regulations is a codification of the general and permanent rules published in the Federal Register by the Executive departments and agencies of the United States Federal Government 49 CFR Parts 1 99 covers the Office of the Secretary of Transportation and the employee responsibilities conduct and rulemaking procedures within the United States Department of Transportation Employees of the U S Department of Transportation will be most interested in this volume as well as lawmakers and American citizens interested in the Department of Transportation operations and policies Other related products Americans With Disabilities 2010 can be found here https bookstore gpo gov products sku 803 044 00126 7 Other products published by the U S Department of Transportation can be found here https bookstore gpo gov agency 199 **Labor Arbitration Reports** ,2007 Occupational safety and health guidelines for chemical hazards. suppl. 1, 1988, 1988 Guideline for Computer Security Certification and Accreditation United States. National Bureau of Standards. 1984 Environmental Assessment ,1986 Employment Law Yearbook ,2004 Handicapped Requirements Handbook, 1979 In Transit, 2005

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