

Cardiac (most commonly used)

Class	Drug	Uses	Side Effects	Considerations	Extras
Anticoagulants	Apixaban (Eliquis) Dabigatran (Pradaxa) Enoxaparin (Lovenox) Heparin Rivaroxaban (Xarelto) Warfarin (Coumadin)	Clot prevention Stroke prevention	Bleeding Bruising	Report unusual bleeding or bruising	Warfarin requires therapeutic monitoring
Antiplatelets	Aspirin Clopidogrel (Plavix)	MI & stroke prevention Prevent plaque buildup Cardiovascular disease	Bleeding Bruising Headache & dizziness	Report unusual bleeding or bruising	Avoid OTC's with Aspirin
ACE Inhibitors end in (pril)	Lisinopril (Zestril) Ramipril (Altace) Enalapril (Vasotec) Benazepril (Lotensin)	Hypertension Heart failure	Cough Hypotension & dizziness Angioedema Hyperkalemia	S/S of ACE cough Monitor BP Orthostatic hypotension Monitor potassium	Monitor BP and HR before admin. Can cause hyperkalemia
ARB's end in (artan)	Losartan (Cozaar) Valsartan (Diovan)	Hypertension Heart failure	Headache & dizziness Resp. symptoms, edema	Monitor BP/HR Avoid foods high in K+	Educate on diet & food choices
Beta Blockers end in (lol)	Metoprolol (Lopressor) Atenolol (Tenormin) Propranolol (Inderal) † Carvedilol (Coreg)	Lower blood pressure Arrhythmias Chest pain MI prevention	Headache & dizziness Dry mouth, skin, eyes Cold hands & feet Diarrhea or constipation	Monitor BP/HR Monitor for SOB/wheezing Fatigue, weakness, depression Sexual dysfunction	Monitor BP and HR before admin. Can cause bronchospasm
Calcium Channel Blockers	Amlodipine (Norvasc) Diltiazem (Cardizem) Amiodarone (Pacerone) Verapamil (Verelan)	Hypertension Chest pain Arrhythmias A-fib	Constipation Tachycardia/ palpitations Dizziness or Flushing Rash	Monitor BP/HR Orthostatic hypotension Monitor for dyspnea Monitor for edema	Can cause serious toxicities
Cholesterol (statins)	Atorvastatin (Lipitor) Simvastatin (Zocor) Rosuvastatin (Crestor) Pravastatin (Pravachol)	Lower LDL (bad) cholesterol	N/V/D or constipation Muscle soreness or pain Stomach cramps Headache & dizziness	Avoid in severe liver disease Avoid grapefruit juice	Do not take with calcium channel blockers, warfarin, or certain antibiotics/antifungals
Digitalis	Digoxin (Lanoxin)	Relieve 1/5 of heart failure Slows irreg. heartbeat A-fib	N/V/D Dizziness Hypokalemia	Monitor for dig toxicity Monitor for vision changes Bradycardia	Monitor BP and HR before admin. Monitor Dig levels regularly
Vasodilators	Isosorbide (Imdur) Hydralazine (Apresoline) Nitroglycerin (Nitro)	Hypertension Chest pain (angina) CAD	Headache Tachycardia/ palpitations Nausea/vomiting	Monitor BP/HR Monitor for headache Monitor urine output	DO NOT take Nitro with sildenafil (Viagra) can cause fatal interaction Stop 24-48hr before taking Nitro

Cardiac Meds Cheat Sheet

Judy W. M. Cheng



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Enjoying the Melody of Expression: An Psychological Symphony within **Cardiac Meds Cheat Sheet**

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