# INGRID HOFFMANN'S DOVE® CHOCOLATE MOUSSE

Prep time: 30 minutes

Cooking time: 30 minutes

Refrigeration time: 30 minutes

# INGREDIENTS:

1 cup heavy whipping cream

6 oz. DOVE® BRAND Dark Chocolate Miniatures (approximately 22 pieces)

2 egg yolks

3 egg whites

1 tbsp. sugar



Decoration time: 60 minutes

Difficulty: Moderate

# DIRECTIONS:

- Place a large glass bowl over a pan of simmering water. Melt chocolate, stirring occasionally. Do next 2 steps while chocolate melts.
- In a chilled, clean medium-sized bowl, beat the cream with an electric mixer on high speed until it holds medium peaks. Set aside. If using the same set of beaters for the next step, be sure to clean and dry them thoroughly between steps.
- In another clean, medium-sized bowl, beat the egg whites with an electric mixer on high speed until it holds medium peaks. Set aside.
- 4. Mix the yolks and sugar with the melted chocolate. Fold in ½ of the egg whites first to lighten the mix, then add the remaining ½ of the egg whites and fold gently. Add the whipped cream and mix. Serve in martini glasses and let chill until ready to serve.

Tip: Decorate your chocolate mousse with some crushed TWIX® bars.

Makes 6 servings



# **Dove Chocolate Recipe**

**Arturo Cuomo** 

# **Dove Chocolate Recipe:**

The Art of Chocolate Elaine Gonzalez, 1998-09 Demonstrates the art of working with chocolate including candy making cake decorating and strawberry dipping Italian Recipes For Dummies Amy Riolo, 2022-04-19 Your roadmap to cooking like an Italian your very own home For those of us not lucky enough to have our very own Italian grandmother or have attended culinary school in Italy Italian Recipes For Dummies is stepping in to fill the gap Award winning chef and author Amy Riolo delivers a step by step guide to creating authentic Italian dishes starting from the basics and progressing to more advanced techniques and recipes You ll discover how to shop for plan and cook authentic Italian meals properly You ll also find guidance on how to incorporate the cultural nutritional and historical influences that shape classic Italian cuisine This book includes Individual chapters on staples of the Italian pantry wine cheese and olive oil More than 150 authentic Italian recipes with step by step instructions Access to a Facebook Page hosted by the author that provides extended resources and up to date information on mastering Italian cooking The perfect book for amateur chefs Italy aficionados homemakers and anyone else looking for culinary inspiration Italian Recipes For Dummies is also an indispensable guide for people seeking healthier ways of shopping cooking and eating without giving up amazing flavors and rich foods Food and Mood: Second Edition Elizabeth Somer, 1999-12-15 Why do you feel tired after eating a full meal Why do you have so much trouble concentrating Why do you crave chocolate Can diet affect depression Is there a natural cure for insomnia Nutrition expert Elizabeth Somer answers all these questions and more in this completely updated and revised second edition to her nutritional guide Food and Mood The result of research encompassing thousands of the most up to date scientific studies Somer explains how what we eat has a direct influence on how we feel think sleep look and act She addresses specific food related issues including health conditions food cravings diet struggles stress PMS winter blues energy levels depression memory and sleep patterns as well as tackling the issue of supplements and providing the real story on those you need and those you don't Included is Somer's revolutionary Feeling Good Diet a program that shows you how to take control of your eating habits to benefit mood and mental functioning now Henrietta: Promises in the Sky! Carol F. Tuntland, 2020-05-10 Irene Henrietta Bork was born in 1917 during World War I on a homestead on the prairies of southeastern North Dakota As the granddaughter of two immigrant families she grew up appreciating the opportunities she had in the United States and was always interested in history politics and the happenings in North Dakota She married Fay Sanders and together they raised four children One of them was Holly who had Down syndrome While Holly had challenges she excelled in certain areas and the family always pushed her to reach her potential Irene admired Eleanor Roosevelt Helen Hayes Jacqueline Kennedy Hillary Clinton and Michelle Obama and was more liberal than conservative in her views She was a remarkable woman interested in the world until her death at age ninety six in 2013 Written by Irene's daughter Carol F Tuntland this life story recalls the hopes challenges adversities and triumphs of the first born granddaughter of German immigrants and also serves

as an important record of what life was like from the end of World War I and into the twenty first century *Venturing:* Innovation and Business Planning for Entrepreneurs Marc H. Meyer, Frederick G. Crane, 2015-07-29 Venturing is a pragmatic methods based book that first helps students conceive design and test product and service innovations develop business models for them and then create their business plans and investor pitches. The book also delves into different types of investors stages of investment and deal structures It is a perfect book for business planning courses where the instructor wishes to emphasize innovation and the creation of truly interesting customer grounded businesses Memories John P. Roach Jr, 2011-11-21 Deborah J Johnson John P Roach Jr Debbie and John have traveled around the world together experiencing the cuisine from more than 100 countries This book contains some of their favorite regional and ethnic recipes that can be prepared simply and served with elegance They coined the phrase Open Kitchen where guests were invited to use Debbies kitchen to demonstrate their culinary skills as part of an evening of entertainment and delectable cuisine Throughout this intrepid home cooking adventure that starts on the shores of Lake Champlain Vermont and progresses to an even more functional home kitchen in La Jolla California one can easily get caught up in the joy of Runner's World, 2008-06 Runner's World magazine aims to help entertaining Companies and Their Brands, 2005 runners achieve their personal health fitness and performance goals and to inspire them with vivid memorable storytelling Manufacturing Confectioner ,1998-12 Southern Living 1985 Annual Recipes Oxmoor House,

Incorporated, Southern Living, 1985 Every recipe from Southern Living Magazine month by month plus indexes charts and tips color photographs menus and more MC. The Manufacturing Confectioner, 1991 Runner's World, 2008

Microwave Game and Fish Cookbook Paula J. Del Giudice, 1985 Southern Living, 1995 Annual Recipes Leisure Arts, Southern Living, 1995-12 One year of recipes from Southern Living magazinie 1995 Business Review Weekly ,1997

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