

Chapter 1

Overview of the nervous system

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This chapter provides an overview of the main structural and functional components of the nervous system and introduces the topographical anatomy of the brain and its protective coverings. Many of the concepts introduced here will be discussed in more detail in subsequent chapters.

Parts of the nervous system

Central and peripheral nervous systems

The nervous system is divided into central and peripheral parts (Fig. 1.1). The **central nervous system (CNS)** is made up of the brain and spinal cord, encased within the bones of the skull and vertebral column. The CNS represents the main integrating and decision-making centre of the nervous system. The **peripheral nervous system (PNS)** includes 31 pairs of **spinal nerves** which emerge between the vertebrae (Fig. 1.2) and 12 pairs of **cranial nerves** which arise from the base of the brain (Fig. 1.3). At the roots of the upper and lower limbs, sensory and motor fibres are redistributed in the **brachial** and **lumbosacral plexuses** to enter a number of named **peripheral nerves** (Figs 1.4 and 1.5). The function of the PNS is to transmit nerve impulses to and from the brain and spinal cord.

The motor component of the peripheral nervous system is further subdivided into **somatic** and **autonomic** parts. The **somatic nervous system** innervates the skeletal musculature and is responsible for 'voluntary' (consciously initiated) actions. The **autonomic nervous system** supplies the internal organs and other visceral structures and operates at an automatic (mainly unconscious) level.

Autonomic nervous system

The autonomic nervous system (ANS) or **visceromotor system** regulates the activities of the cardiovascular, respiratory, digestive and urogenital systems. It operates autonomously (Greek: *autos*, self; *nomos*, governed by law). The ANS depends upon a constant stream of sensory information from the internal organs and blood vessels which it uses to regulate the contraction of cardiac and smooth muscle and the secretory activity of glands. Ultimate control

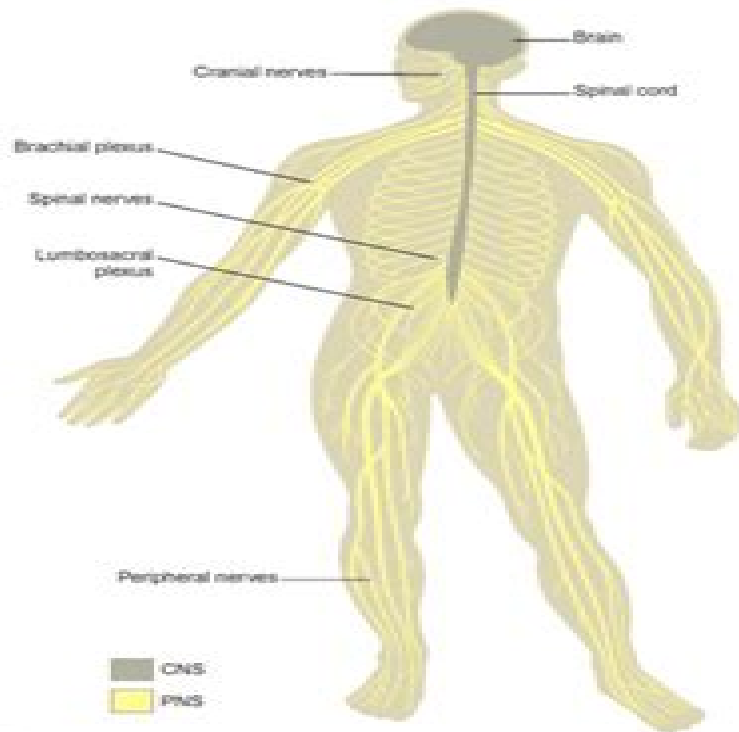


Fig. 1.1 Central and peripheral components of the nervous system. The central nervous system (CNS) includes the brain and spinal cord. The peripheral nervous system (PNS) is made up of sensory and motor fibres passing to and from the CNS.

of the autonomic nervous system resides in the **hypothalamus**, a tiny region at the centre of the brain that is sometimes referred to as the 'head ganglion' of the ANS (described later; see also Ch. 3).

Chapter The Nervous System

Rubika Balendra, Lakhan Ajmeria



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