Unit 2: Digestion & Nutrition

In this unit, you will study the structure and function of the human digestive system as well as some of the disorders and diseases that affect this system. You will identify essential nutrients, their sources and the effects of not enough or too much intake of these nutrients to normal body function. You will also have the opportunity to analyze your own eating habits.

Learning outcomes:

- Identify major structures and functions of the human digestive system from a diagram, model or specimen.
- Describe the processes of mechanical digestion that take place at various sites along the alimentary canal.
- Identify functions of secretions along the digestive tract.
- Identify sites of chemical digestion along the alimentary canal as well as the type of nutrient being digested.
- Explain the role of enzymes in the chemical digestion of nutrients and identify factors that influence their action.
- Describe the processes of absorption that take place at various sites along the alimentary canal.
- Describe the homeostatic role of the liver with respect to the regulation of nutrient levels in the blood and nutrient storage.
- Describe the functions of the six basic types of nutrients: carbohydrates, lipids, proteins, vitamins, minerals and water.
- Identify dietary sources for each of the six basic types of nutrients.
- Evaluate personal food intake and related food decisions.
- Investigate and describe conditions/disorders that affect the digestive process.
- Use the decision-making process to investigate an issue related to digestion and nutrition.

Digestion And Nutrition Unit Study Guide

Food and Nutrition Information and Educational Materials Center (U.S.)

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Life: The Science of Biology Study Guide William K. Purves, Edward Dzialowski, Lindsay Goodloe, Betty McGuire, Nancy Guild, Paula Mabee, 2003-12-26 New edition of a text presenting underlying concepts and showing their relevance to medical agricultural and environmental issues Seven chapters discuss the cell information and heredity evolutionary process the evolution of diversity the biology of flowering plants and of animals and ecology and biogeography Topics are linked by themes such as evolution the experimental foundations of knowledge the flow of energy in the living world the application and influence of molecular techniques and human health considerations Includes a CD ROM which covers some of the subject matter and introduces and illustrates 1 700 plus key terms and concepts Annotation copyrighted by Book News Inc Life Study Guide David E. Sadava, Gordon H. Orians, Craig Heller, William K. Purves, 2006-12-22 Especially helpful for AP Biology students each chapter of the study guide offers a variety of study and review tools The contents of each chapter are broken down into both a detailed review of the Important Concepts covered and a boiled down Big Picture snapshot The guide also covers study strategies common problem areas and provides a set of study questions both multiple choice and short answer Clinical Decision-Making Study Guide for Medical-Surgical Nursing - Revised Reprint Donna D. Ignatavicius, Patricia Conley, M. Linda Workman, Donna Rose, Amy H. Lee, 2013 Designed to accompany Ignatavicius and Workman's Medical Surgical Nursing Patient Centered Collaborative Care 7th Edition this study guide helps you understand and apply material from each chapter in the text and gives you added support as you learn to make safe and effective clinical decisions Study review questions provide a review of key content using a variety of question formats including a high percentage of questions in traditional and alternate NCLEX R Examination formats Answers are provided in the back of the book Case studies in most chapters give you the opportunity to apply higher level thinking skills to true to life clinical scenarios NEW Increased emphasis on clinical decision making prepares you to confidently make safe and effective decisions in clinical practice NEW Documentation practice questions have been added to select case studies to help you take the next step in patient care just as you would in clinical practice Study Guide & Activities Manual to Accompany Nutrition Science & Applications Marilyn Mook, 1997 Clinical Nursing Judgment Study Guide for Medical-Surgical Nursing - E-Book Donna D. Ignatavicius, M. Linda Workman, Linda A. LaCharity, Candice K. Kumagai, 2015-01-29 The Clinical Nursing Judgment Study Guide for Ignatavicius Workman's Medical Surgical Nursing Patient Centered Collaborative Care 8th Edition provides extensive practice in developing clinical judgment and reasoning skills while facilitating deep learning of the core textbook content Completely revised under new authorship and with a fresh emphasis on NCLEX style questions and core textbook content the 8th edition Study Guide ensures that you are thoroughly prepared for today s NCLEX Examination and safe nursing practice Provides a thorough review of core textbook content while uniquely developing your clinical nursing judgment skills Emphasis on clinical decision making prepares you to confidently make safe

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Working Together boxes to emphasize homeostasis Student Study Guide for Biology [by] Campbell/Reece Martha R.

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