

## Sinus Bradycardia



### Characteristics

Normal sinus rhythm with a heart rate  $< 60$  bpm  
Consistent P wave  
PR: 0.12-0.20  
QRS:  $< 0.12$   
QT:  $< 1/2$  R to R

### Physical Manifestations

May be asymptomatic  
Lightheaded  
Syncope  
Chest pain  
Hypotension

### Treatment

Treat symptomatic bradycardia:  
Atropine  
Epinephrine  
External Pacemaker in an emergency

## Sinus Tachycardia



### Characteristics

Normal sinus rhythm with a heart rate of  $> 100$  bpm  
Consistent P wave  
PR: 0.12-0.20  
QRS:  $< 0.12$   
QT:  $< 1/2$  R to R

### Physical Manifestations

Subjective: feeling of anxiety, racing heart, or chest pain  
Objective: decreased BP,

### Treatment

Sinus tachycardia is always a symptom of something else: treat the underlying cause  
Encourage rest  
Administer CCBs like Cardizem or diltiazem

## Atrial Fibrillation



### Characteristics

A lot of ectopic cells in atria causing it to be "irregularly irregular."  
Paroxysmal or persistent  
Random QRS spacing  
No clear P wave

### Physical Manifestations

Irregular fast heart rate  
Patients may feel like their heart is racing, or chest pain

### Treatment

Because of the increased risk of clots you want to give blood thinners like heparin  
Control HR: give CCBs (Cardizem), amiodarone  
Cardioversion in extreme cases

## Atrial Flutter



### Characteristics

A lot of ectopic foci synchronized with each other. SA node firing over and over again. No pause for QRS  
HR:  $< 200$ , no P wave, skinny QRS  
Regular saw tooth wave pattern

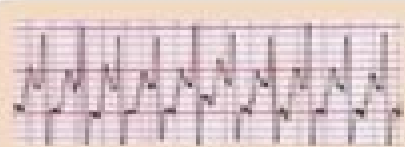
### Physical Manifestations

LOC changes  
Irregular fast heart rate  
Patient may feel like their heart is racing, chest pain

### Treatment

Give Heparin and amiodarone  
Cardiovert back into sinus rhythm  
Long-term: Beta blockers (metoprolol), CCBs (Cardizem)

## Supraventricular Tachycardia



### Characteristics

HR  $> 100$  (faster than sinus tach)  
Skinny QRS, lump in middle  
Paroxysmal  
Sinus node is not getting a chance to fire

### Physical Manifestations

Fainting, dizziness  
Chest pain  
Rapid pulse  
Diaphoretic

### Treatment

1: Vagal Maneuvers (like a deep cough)  
2: Stable: give Adenosine rapid IV push (6-12-12)  
3: Unstable: Cardioversion

## Ventricular Tachycardia



### Characteristics

Fast PVCs, no atrial kick  
Paroxysmal  
HR: 150s, fast but not as fast as SVT  
No P wave

### Physical Manifestations

Cardiac Arrest!!  
SOB, chest pain, dizzy, lightheaded, nausea  
Palpitations

### Treatment

Pulseless: code, CPR, Defib  
Unstable w/ pulse: cardioversion (keep filling pulse)  
Stable: Try vagal maneuver and adenosine. Amiodarone, cardioversion

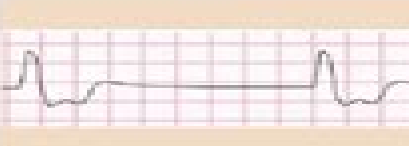
## Ventricular Fibrillation



### Characteristics

A lot of ectopic foci in ventricles  
No P, QRS, T  
Basically a wavy line  
Lethal

## Idioventricular



### Characteristics

HR: slow, 40-60  
No P wave  
QRS: abnormal wide shape ( $> 0.12$ )  
SA node does not fire, AV node takes over

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