

Siadh vs. DI II

Med Surg: Endocrine

DI "Dehydrated"
"Die" **ADH**
Diabetes Insipidus

Patho, S/S, Treatments

- D** **DI**URESE "Drain" fluid (**HIGH** urine output)
- DD** **DILUTED** urine Low specific Gravity (**1.005**)
- DD** **DRY** Inside "High & Dry" Labs
 - HYPER** osmolality (**HIGH**) WOLKE TIP
 - HYPER**natremia over **145 Na+** (**HIGH**)
- D** **DRINKING** a lot "thirsty"
- D** **DEHYDRATED** Dry Mucosa & Skin
- D** **DECREASED** blood pressure
- D** **DESMO**pressin "Vasopressin" (ADH)
 - Decrease Urine Output WOLKE TIP
 - Death by **Headache!** (Low Na+) **135 or Less**

Treatment

- D** • **Desmopressin/Vasopressin** (synthetic ADH)
- D** • **Decreases** Urine Output "**Pressin**" the BP Up!
- CAUTION:** "Headaches" Priority!
- Low Na+ (**135 or less**) > Seizures > **DEATH!**

Causes

- D** • **Damage** to brain
(Tumors, Trauma, Surgery)

Labs

- Dry** Inside "High & Dry" Labs
 - HYPER** osmolality (**HIGH**)
 - HYPER**natremia over **145 Na+** (**HIGH**)
- D** **IL**uted **OUTSIDE** "High urine output (**D**rain urine)
LOW specific Gravity **1.005**

Common NCLEX Question

A client with a brain tumor develops diabetes insipidus, which data should a nurse expect to find?
Select All That Apply

- ☐ 1. Dark urine with increased specific gravity
- ☒ 2. High blood serum osmolality
- ☐ 3. Weight gain with edema
- ☒ 4. Increased thirst
- ☐ 5. Sodium level below 135
- ☐ 6. Urine output 30 mL/hr or less.



DI
"Dry Inside"



Common NCLEX Question

A client is newly prescribed desmopressin nasal spray, which statement by client indicates further education is needed?
Select All That Apply

- ☒ 1. Frequent headaches are normal
- ☐ 2. I will make sure to restrict my water intake
- ☒ 3. This drug is used to decrease my frequent urination
- ☒ 4. I am glad this drug is able to treat my syndrome of inappropriate antidiuretic hormone.
- ☐ 5. I will record my output closely while taking this drug
- ☒ 6. I will make sure to weigh myself weekly.

Diabetes Insipidus Study Guide

Susan McMurry



Diabetes Insipidus Study Guide:

Diabetes Insipidus Olive Graham,1988 Critical Care Study Guide Gerard J. Criner,Gilbert E. D'Alonzo,2013-03-09

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