

Four Steps to Help Manage Diabetes-Related Eye Disease



Manage your A1C — your blood sugar level.

Keep your blood pressure and cholesterol levels in line with recommended guidelines from your doctor.

Quit smoking.

Have a dilated eye exam once per year — or more frequently if recommended by your eye care professional.



Source: National Institute of Diabetes and Digestive and Kidney Diseases, accessed September 27, 2018.
<https://www.niddk.nih.gov/health-information/diabetes/overview/preventing-problems/diabetic-eye-disease>

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Diabetic Eye Exam Guidelines

Tobias Bleicker

A red circular graphic with a gradient, appearing as a semi-circle or a partial circle, located to the right of the author's name.

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Diabetic Eye Exam Guidelines Book Review: Unveiling the Power of Words

In some sort of driven by information and connectivity, the power of words has be much more evident than ever. They have the capacity to inspire, provoke, and ignite change. Such is the essence of the book **Diabetic Eye Exam Guidelines**, a literary masterpiece that delves deep in to the significance of words and their affect our lives. Written by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we shall explore the book is key themes, examine its writing style, and analyze its overall effect on readers.

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