

What is a DOT physical exam?

According to FMCSA regulations, companies' drivers should all have a valid DOT card to drive safely on the road.

Who needs a DOT medical card?

- Drivers who carry hazardous materials
- Motor vehicles drivers with over 10,000 pounds of gross weight
- Commercial motor vehicles operators
- Motor vehicle drivers who carry more than 8 people



The DOT test validity

- A DOT certificate is valid for 24 months.
- In case you have an unstable medical condition, it will be valid for less than 2 years.
- You can apply for a -2year DOT card if your medical condition is treated.

What tests should I expect in a DOT physical exam?

1. Dot Vision Test
2. Dot hearing test
3. Dot Physical Blood pressure or pulse rate
4. Urinalysis or dot physical drug test
5. Physical Examination



DOT physical exam requirements



- Visual, intellectual acuity of 40/20, regardless of corrective visual aids.
- 70 degrees or more vision in each eye.
- Being able to hear a forced whisper within 5 feet without any corrective hearing aid.
- Passing the compulsory audiometer assessment.
- Not having a history of high or low blood pressure. The average rate should be 90/140.

Handy suggestions:

- Complete the Medical Examination Report before your visit.
- This exam is not covered by insurance.
- Have a list of all the medications you take

What parts of the body are examined in a DOT physical exam?

- Eyes
- Ears
- Mouth and throat
- Heart
- Lungs and chest, but not including breast
- test
- Impaired stomach and Viscera
- Vascular problems
- Genito-urinary (hernias) vein reorder
- Extremities (limb impaired)
- Spine, other diseases related to bone
- Neurological problems

Southern Nevada
Occupational Health Center



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O García

A decorative red circular graphic with a gradient, appearing as a partial circle or a thick arc, located to the right of the author's name.

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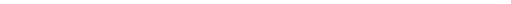
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