

# Basic Life Support (BLS)

## Basic cardiopulmonary resuscitation (CPR)



### Safety

The rescuer, victim and bystanders must be in a safe position in order for BLS to proceed.

Are you awake?

### Check responsiveness

Does the victim respond to stimuli? Shake the victim by the shoulders and ask if the victim is awake.

### Breathing

Open the airway by tilting the head backward and lifting the chin up. Does the person breathe? Look for respiratory signs for 10 seconds.

### Alert emergency services

If the victim is not breathing, or breathing abnormally, alert the emergency services (911 in the US, 112 in Europe).

### Find an AED

If possible, send a bystander to find an AED.

### Initiate chest compressions and, if possible, ventilations

Perform chest compressions. If possible, provide ventilation.

# Basic Life Support Guidelines 2013

**DP Hallahan**

A red circular graphic with a gradient, appearing as a semi-circle or a partial circle, located to the right of the author's name.

## **Basic Life Support Guidelines 2013:**

**Pediatric Advanced Life Support Study Guide** Barbara Aehlert, 2017-01-16 Fully revised to meet the 2015 CPR ECC Guidelines and to prepare students and professionals for PALS certification and recertification Pediatric Advanced Life Support Study Guide Fourth Edition provides a clear and complete approach to managing pediatric emergencies Designed for use by the spectrum of healthcare professionals the Fourth Edition provides users with the critical information needed to approach real life pediatric emergencies The Fourth Edition includes End of chapter quizzes with answers and objectives as well as a comprehensive posttest to gauge material comprehension Case studies at the end of appropriate chapters for practice with real world material application Clear procedural explanations written in descriptive yet accessible language A refined Table of Contents including standalone chapters on cardiac dysrhythmias for focused learning and study PALS Pearl boxes for text to everyday clinical application In text references for deeper research if desired *Tabbner's Nursing Care* Jodie Hughson, 2016-09-01 The only text in the market written specifically for Diploma of Nursing students in Australia and New Zealand Written by Gabrielle Koutoukidis Kate Stainton and Jodie Hughson Tabbner's Nursing Care Theory and Practice 7th edition provides a solid foundation of theoretical knowledge and skills for nursing students embarking on an Enrolled Nurse career Reflecting the current issues and scope of practice for Enrolled Nurses in Australia this new edition focuses on the delivery of person centred care emphasises critical thinking throughout and demonstrates the application of the decision making framework across multiple scenarios Visit [evolve.elsevier.com/AU/Koutoukidis\\_Tabbner\\_eBook](http://evolve.elsevier.com/AU/Koutoukidis_Tabbner_eBook) on VitalSource Teaching resources Image collection all figures and tables from the textbook Test banks Student resources Answer guides to o Case studieso Critical thinking exerciseso Decision making framework exerciseso Review questions Australian Clinical Skills videos demonstrating core skills to help you link the theory to practice Weblinks Two new chapters o Nursing informatics and technology in healthcare o Quality and safety in healthcare 83 Clinical Skills aligned with the new 2016 Nursing and Midwifery Board of Australia Enrolled Nurse EN Standards for Practice to help you understand the skill and translate it into effective clinical practice Exercises on the decision making framework for the EN Examples of progress notes and nursing care plan documentation Aligned with the HLT Health Training Package Supported by a NEW companion skills workbook Essential Enrolled Nursing Skills for Person Centred Care Includes eBook on VitalSource **Skills for Midwifery Practice E-Book** Ruth Bowen, Wendy Taylor, 2021-12-16 Skills for Midwifery Practice is the go to book for all midwifery students who need to learn what to do in a range of situations how to perform a skill and why they need to do it in a certain way Written by midwifery educators Ruth Johnson and Wendy Taylor the book makes learning easy with background information learning outcomes helpful diagrams and lists to represent the skill flow It explains the underlying physiology associated with pregnancy and childbirth and clearly defines the nature and extent of current practice This version is fully updated and referenced throughout to provide a detailed evidence base to support learning and further study It is ideal for

midwives in training qualified midwives returning to practice as well as other members of the obstetric healthcare team

Clear and logical easy to follow and understand for training midwives

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Learning objectives and end of chapter self assessment exercises allow readers to monitor their progress

New to this edition

Latest guidelines and standards

New information on resuscitation and other emergencies

Now in full color throughout

Expanded chapter on the use of standard precautions in light of the global pandemic

Developed discussion of alternative feeding methods

Latest guidelines and standards

New information on resuscitation and other emergencies

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**The Final FFICM Structured Oral Examination Study Guide**

Eryl Davies, 2022-12-30

This book is the definitive guide to the Final Fellowship of the Faculty of Intensive Care Medicine FFICM Structured Oral Examination

With a broad coverage of the clinical curriculum it equips candidates to tackle this challenging examination

Each chapter contains sample questions with concise answers focusing on key concepts to facilitate deeper understanding

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This text provides references to guidance that will remain relevant in the ever changing landscape of intensive care medicine

Not only is this book an essential resource for studying intensivists but it also forms a useful reference for any professional encountering the world of critical care in their practice

The Great Ormond Street Hospital Manual of Children and Young People's Nursing Practices

Elizabeth Anne Bruce, Janet Williss, Faith Gibson, 2023-03-13

Clinical skills are essential in the provision of care for children and young people

The Great Ormond Street Hospital Manual of Children and Young People's Nursing Practices provides expert guidance on evidence based clinical procedures helping students and newly registered nurses develop sound clinical judgement and confidence

This comprehensive resource covers all aspects of children's nursing from the fundamentals of everyday practice to advanced care in high dependency and intensive care settings

As such its relevance and usefulness reach beyond those newly registered it remains a valuable resource for experienced nurses wishing to further expand their nursing skills

Now in its second edition this thoroughly updated guide demonstrates each procedure explains the underlying theory and evidence and speaks to the unique challenges of working with children and young people

New chapters address mental health complementary therapies learning difficulties and the deteriorating child whilst expanded content examines blood glucose monitoring glucocorticoid treatment insulin administration diabetes care surgical diathermy non invasive ventilation and much more

**Key Features**

Provides evidence based guidelines for more than 300 clinical procedures

Features an abundance of colour photographs and illustrations

Examines the needs of neonates and adolescents in the context of interdisciplinary care

Includes new material on health research and evidence based practice

stages of development

children with complex needs and admission transfer and

discharge Complements The Royal Marsden Manual of Clinical Nursing Procedures offering continuity to those working in both adult and paediatric settings The second edition of The Great Ormond Street Hospital Manual is an indispensable resource for registered nurses students and other healthcare professionals involved in delivering clinically effective evidenced based family centred care Praise for the previous edition This manual builds on the knowledge skills and expertise of one of the UK s finest children s hospital and explains comprehensive evidence based care clearly Nursing Children and Young People Journal All children s nurses should have this book as a reference Nursing Standard a comprehensive resource for all qualified nurses students and other healthcare professionals involved in caring for children in hospital and community settings Times Higher Education Supplement **"Code of Massachusetts regulations, 2013"** ,2013 Archival snapshot of entire looseleaf Code of Massachusetts Regulations held by the Social Law Library of Massachusetts as of January 2020

**Improvised Medicine: Providing Care in Extreme Environments, 2nd edition** Kenneth V. Iserson,2016-01-07 Deliver quality healthcare in the most challenging field conditions Comprehensive yet compact practical and enduring Improvised Medicine Providing Care in Extreme Environments Second Edition is the one book to toss into your bag when going to practice medicine in global disaster or other resource poor settings including theaters of war regions of civil unrest and economically deprived areas Full of practical clinical pearls and field tested strategies this indispensable guide provides detailed instructions on how to work successfully outside of your comfort zone It demonstrates how to devise effective treatment solutions when the traditional tools medications equipment and staff are unavailable or when providing care outside your primary area of expertise In any crisis from power failures and computer crashes to floods tsunamis and earthquakes knowing how to deal with the unique challenges encountered saves lives and communities This reference gives you that knowledge and inspires innovative crisis resolution FROM REVIEWS OF THE FIRST EDITION Dr Iserson has given us a most remarkable book Many readers may be familiar with David Werner s lay healthworker book Where There Is No Doctor this new volume could be titled Where There Is a Doctor But No Stuff Drawing from his experience providing care in international wilderness and disaster settings he has compiled an impressive collection of bare bones equipment and work around strategies to provide the best possible care in resource poor settings While presenting many creative examples the purpose of the book is not to offer an exhaustive list of solutions to missing resource challenges but to inspire creativity in readers who may find themselves needing to improvise Family Medicine There is a lot of material here and if nothing else it may motivate more people to practice low tech medicine and be willing to go where health care is dependent more on caring than on cost I recommend this book to anyone who must practice in austere environments and it will be in my rucksack when I respond to the next disaster The Journal of Emergency Medicine FEATURES Simple to follow directions diagrams and illustrations describing practical techniques and improvised equipment necessary to provide quality care during crises Contains improvisations in anesthesia and airway management dentistry gynecology obstetrics infectious disease laboratory

diagnosis internal medicine otolaryngology pediatrics and malnutrition orthopedics psychiatry and surgery Covers situational analysis and basic needs in a crisis specific triage diagnosis and stabilization efforts medical interventions for surgical and non surgical problems and debunks some commonly reported improvised techniques Features public health measures basic disaster communication techniques post disaster forensics a model hospital disaster plan and innovative patient transport methods New to the second edition More concisely written more extensively illustrated and updated improvisations and references LEARN HOW TO Make an endotracheal tube in seconds Perform digital oral and blind nasotracheal intubations Make plaster bandages for splints casts Give open drop ether ketamine drips and halothane Use subcutaneous intraperitoneal rehydration transfusion Make ORS and standard nutrition formulas Clean disinfect and sterilize equipment for reuse Warm blood units in seconds inexpensively Take view stereoscopic x rays with standard equipment Quickly and easily stop postpartum hemorrhage Fashion surgical equipment from common items Build an evaporative refrigerator Make esophageal and precordial stethoscopes Quickly improvise a saline lock Make ECG electrode defibrillator pads and ultrasound gel Evacuate patients easily from high rise hospitals      Rudolph's Pediatrics, 23rd Edition Mark W. Kline, Susan M. Blaney, Angelo P. Giardino, Jordan S. Orange, Daniel J. Penny, Gordon E. Schutze, Lara S. Shekerdemian, Abraham M. Rudolph, Colin D. Rudolph, 2018-08-21 Publisher's Note Products purchased from Third Party sellers are not guaranteed by the publisher for quality authenticity or access to any online entitlements included with the product The landmark pediatrics reference completely reinvented by an all new team of editors Rudolph's Pediatrics has virtually defined the pediatric field for over a century becoming one of the most important and well respected pediatrics texts ever published Renowned for its balance of clinical features and treatment of disease with underlying biological principles this classic sourcebook has helped generations of pediatricians optimize their care of infants children and adolescents The Twenty Third Edition of Rudolph's has been completely restructured and streamlined thanks to an all new team of editors whose goal was to reinvent this classic with today's busy practitioner in mind Presented in full color the Twenty Third Edition provides an up to date in depth survey of pediatric medicine unmatched by any other text With its algorithmic approach to pediatric systems the book facilitates the diagnosis and treatment of both common and uncommon pediatric illnesses and it reflects new technologies and advances in molecular medicine that continue to evolve with current thinking about normal childhood development and pediatric disease processes New team of editors achieves consistency in both tone and depth of content Contributions from section editors and authors from leading academic pediatrics programs give expert coverage of general pediatrics and all of the pediatric sub specialties Streamlined and consistent format for most chapters outlining Pathogenesis and Epidemiology Clinical Manifestations Diagnosis Treatment and Prevention New 2 Volume presentation improves portability Hundreds of full color illustrations and tables The acclaimed balance between clinical applicability and underlying biological principles offers pediatricians a depth of coverage not found anywhere else Brand new or significantly revised chapters include

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**AACN Essentials of Critical Care Nursing, Third Edition** Suzanne M. Burns, 2014-05-22 Concise yet thorough guidance on how to safely and competently care for adult critically ill patients and their families A Doody s Core Title for 2017 Endorsed by the American Association of Critical Care Nurses AACN and written by top clinical experts in critical care nursing this textbook covers all the must know details on the care of adult critically ill patients and their families Supported by helpful tables and algorithms the book s practical building block organization starts with the basics before proceeding to more complex concepts AACN Essentials of Critical Care Nursing includes essential content found in ECCO Essentials of Critical Care Orientation an online program offered by AACN key information necessary to successfully prepare for CCRN certification in critical care nursing and much more AACN Essentials of Critical Care Nursing is divided into four sections THE ESSENTIALS presents core information that new clinicians must understand to provide safe competent nursing care to all critically ill patients regardless of their underlying medical diagnoses PATHOLOGICAL CONDITIONS covers pathologic conditions and management strategies commonly encountered among adult critical care patients ADVANCED CONCEPTS IN CARING FOR THE CRITICALLY ILL PATIENT moves beyond the essentials and presents advanced critical care concepts or pathologic conditions that are less common or more specialized than expected in critical care practice KEY REFERENCE

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**Pharmacotherapy: A Pathophysiologic Approach, Tenth Edition** Joseph T. DiPiro, Robert L. Talbert, Gary C. Yee, Gary R. Matzke, Barbara G. Wells, L. Michael Posey, 2017-01-23 The most comprehensive text available on the use of evidence based medication therapies for optimal patient outcomes updated with the latest breakthroughs and guidelines A Doody's Core Title for 2019 Pharmacotherapy A Pathophysiologic Approach is written to help you advance the quality of

patient care through evidence based medication therapy derived from sound pharmacotherapeutic principles The scope of this trusted classic goes beyond drug indications and dosages to include the initial selection proper administration and monitoring of drugs You will find everything you need to provide safe effective drug therapy across the full range of therapeutic categories Presented in full color the Tenth Edition is enriched by more than 300 expert contributors and every chapter has been updated to reflect the latest in evidence based information and recommendations This sweeping updates include tables charts algorithms and practice guidelines This edition is also enhanced by a timely all new chapter on Travel Health Here s why this is the perfect learning tool for students patient focused pharmacists and other health care providers All chapters have been updated to provide the most current reliable and relevant information possible Key Concepts at the beginning of each chapter Clinical Presentation Tables summarize disease signs and symptoms Clinical Controversies Boxes examine the complicated issues faced by students and clinicians in providing drug therapy Color coded diagnostic flow diagram treatment algorithms dosing recommendations and monitoring approaches clearly distinguish treatment pathways Most disease oriented chapters include updated evidence based treatment guidelines that often include ratings of the level of evidence to support the key therapeutic approaches Edition after trusted edition Pharmacotherapy A Pathophysiologic Approach has been unmatched in its ability to clearly and impartially impart core pathophysiologic and therapeutic elements that students and practitioners must be familiar with

**Pharmacotherapy: A Pathophysiologic Approach, Eleventh Edition** Joseph T. DiPiro, Gary C. Yee, L. Michael Posey, 2020-07-03 Publisher s Note Products purchased from Third Party sellers are not guaranteed by the publisher for quality authenticity or access to any online entitlements included with the product 25 additional chapters available online The classic guide to driving optimal patient outcomes using evidence based medication therapies updated with the latest advances and guidelines Presented in full color Pharmacotherapy A Pathophysiologic Approach 11th Edition helps you deliver the highest quality patient care through evidence based medication therapy derived from sound pharmacotherapeutic principles It takes you beyond drug indications and dosages showing how to properly select administer and monitor drugs everything you need to provide safe effective drug therapy across all therapeutic categories With all new monitoring tables and authoritative content from 300 expert contributors this new edition has been fully updated to reflect the latest evidence based information and recommendations You ll find Key Concepts at the beginning of each chapter Clinical Presentation tables that summarize disease signs and symptoms and Clinical Controversies boxes that examine the complicated issues faced by students and clinicians in providing drug therapy Why Pharmacotherapy A Pathophysiologic Approach is perfect for students pharmacists and other healthcare providers All chapters provide the most current reliable and relevant information available Key concepts kick off every chapter Clinical Presentation Tables summarize disease signs and symptoms The majority of sections include personalized pharmacotherapy content Clinical Controversies Boxes clarify the most complex drug therapy issues you ll face Diagnostic flow diagrams

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