

One of the main complementary and alternative medicine systems, Ayurveda is an ancient Hindu medical system that originated in India (Patwardhan *et al.*, 2005). Ayurveda, often referred to as the "Science of Life," is an ancient and holistic system of medicine that traces its roots back to the Indian subcontinent. With a history spanning thousands of years, Ayurveda has evolved into a comprehensive system that not only addresses physical ailments but also emphasizes the interconnectedness of the mind, body, and spirit. Plants are the main source of therapies in contemporary complementary and alternative medicine, and every part of the plant, including the seeds, root, stem, leaves, and fruit, may contain bioactive components (Jiang *et al.*, 2014, 2015). Herbal plant extracts are highly beneficial and one of the main sources of medication. They are essential for controlling many disease kinds and for stimulating cell growth (Doss, 2009). Medicinal plant extracts have become a viable substitute due to their abundance of secondary metabolites, including flavonoids, alkaloids, phenolics, and tannins. These metabolites support various biological processes, including growth, innate immunity, and resistance to disease caused by pathogenic bacteria in humans and other organisms. Secondary metabolites such as tannins, phenolics, alkaloids and flavonoids etc which enhances growth, innate immune response and disease resistance against pathogenic bacteria in human as well as in different organisms (Edoga *et al.*, 2005). One such plant that is of immense benefit is *Ocimum sanctum*.



Figure 1.1: Leaves of *Ocimum sanctum*

Ocimum sanctum L., commonly referred to as *Ocimum tenuiflorum* or Tulsi, has been utilised for thousands of years in Ayurveda due to its many therapeutic qualities. One of the most revered and sacred of the various orient's healing and health-giving plants is Tulsi, the Queen of herbs and the legendary "Incomparable one" of India. Famous for its religious and spiritual

Basil With Biographical Introduction

John Eadie, John Francis Waller



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