

CPR: Step by Step



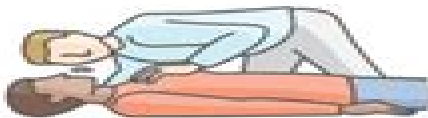
1

Call 911 or ask someone else to



2

Lay the person on their back and open their airways



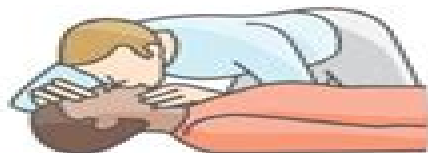
3

If they are not breathing, start CPR



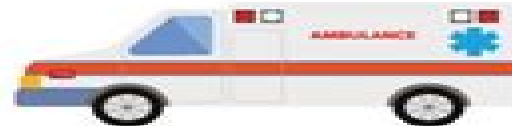
4

30 chest compressions



5

Two rescue breaths



6

Repeat until an ambulance or AED arrives

Current Cpr Guidelines

Christian G. Meyer

A red circular graphic with a gradient, appearing as a semi-circle or a partial circle, located to the right of the author's name.

Current Cpr Guidelines:

The Enigmatic Realm of **Current Cpr Guidelines**: Unleashing the Language is Inner Magic

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