

Answers

CHAPTER 1 CRITICAL THINKING AND THE NURSING PROCESS

AUDIO CASE STUDY

Jane and the Nursing Process

1. Assessment/data collection, diagnosis, planning, implementation, and evaluation.
2. Jane was exhausted, failed a test, and was pulled in too many directions.
3. Jane's resources included a good friend, sick time from work, and wasted time between classes that she could better utilize. Your resources will be different, but they're there!

VOCABULARY

Nursing Process

Definition: An organizing framework that links thinking with nursing actions. Steps include assessment/data collection, nursing diagnosis, planning, implementation, and evaluation.

Critical Thinking

Definition: The use of those cognitive (knowledge) skills or strategies that increase the probability of a desirable outcome. Also involves reflection, problem-solving, and related thinking skills.

Assessment

Definition: Gathering subjective and objective data to plan care.

Objective Data

Definition: Factual information obtained through physical assessment and diagnostic tests. Objective data are observable or knowable through the health care worker's five senses. Referred to as *signs*.

Subjective Data

Definition: Information that is provided verbally by the patient and referred to as *symptoms*.

Nursing Diagnosis

Definition: Per NANDA International, a nursing diagnosis is a "clinical judgment concerning a human response to health conditions/life processes, or a vulnerability for that response, by an individual, family, group or community. A nursing diagnosis provides the basis for selection of nursing interventions to achieve outcomes for which the nurse has accountability" (from www.nanda.org/glossary-of-terms).

Evaluation

Definition: Examination of outcomes and interventions to determine progress toward desired outcomes and effectiveness of interventions.

Vigilance

Definition: The act of being attentive, alert, and watchful.

SUBJECTIVE AND OBJECTIVE DATA

1. Subjective (symptom)
2. Subjective (symptom)
3. Objective (sign)
4. Objective (sign)
5. Subjective (symptom)
6. Objective (sign)
7. Subjective (symptom)
8. Objective (sign)
9. Subjective (symptom)
10. Subjective (symptom)
11. Objective (sign)
12. Objective (sign)
13. Subjective (symptom)
14. Objective (sign)
15. Objective (sign)

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**Joyce Young Johnson, Rosdahl, Phyllis
Prather Hicks**



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