



Step 1: isolate the test person's foot. It's easiest to do if they're flat on their back.

Step 2: fold your rope evenly in two, keeping the light between your thumb and forefinger

Step 3: wrap several times around the foot.

Step 4: tie an over-hand knot through all coils, as shown



Step 5: lift up —

— and double knot

Step 6: pull the foot all the way back, to the test person's butt

Like so



Step 7: wrap the rope over the thigh & calf, passing it under the original rope on the outside

Step 8: hook the rope down, returning to loop around thigh & calf in the opposite direction

Step 9: now pass that rope under the second loop (at the shin) that you've created

Step 10: reverse again, this time going over the thigh



Step 13: continue until you reach just below the knee

Step 14: Tie off with an over-hand knot

Extra rope can be tucked in, or used for decoration

Opposite view

Cock Rope Bondage Tutorial

Takeshi Shiba

A red circular graphic with a gradient, appearing as a stylized arrow or a decorative element, positioned to the right of the author's name.

Cock Rope Bondage Tutorial:

The book delves into Cock Rope Bondage Tutorial. Cock Rope Bondage Tutorial is a crucial topic that must be grasped by everyone, ranging from students and scholars to the general public. This book will furnish comprehensive and in-depth insights into Cock Rope Bondage Tutorial, encompassing both the fundamentals and more intricate discussions.

1. The book is structured into several chapters, namely:
 - Chapter 1: Introduction to Cock Rope Bondage Tutorial
 - Chapter 2: Essential Elements of Cock Rope Bondage Tutorial
 - Chapter 3: Cock Rope Bondage Tutorial in Everyday Life
 - Chapter 4: Cock Rope Bondage Tutorial in Specific Contexts
 - Chapter 5: Conclusion
2. In chapter 1, the author will provide an overview of Cock Rope Bondage Tutorial. This chapter will explore what Cock Rope Bondage Tutorial is, why Cock Rope Bondage Tutorial is vital, and how to effectively learn about Cock Rope Bondage Tutorial.
3. In chapter 2, this book will delve into the foundational concepts of Cock Rope Bondage Tutorial. The second chapter will elucidate the essential principles that must be understood to grasp Cock Rope Bondage Tutorial in its entirety.
4. In chapter 3, the author will examine the practical applications of Cock Rope Bondage Tutorial in daily life. This chapter will showcase real-world examples of how Cock Rope Bondage Tutorial can be effectively utilized in everyday scenarios.
5. In chapter 4, the author will scrutinize the relevance of Cock Rope Bondage Tutorial in specific contexts. The fourth chapter will explore how Cock Rope Bondage Tutorial is applied in specialized fields, such as education, business, and technology.
6. In chapter 5, the author will draw a conclusion about Cock Rope Bondage Tutorial. This chapter will summarize the key points that have been discussed throughout the book.

The book is crafted in an easy-to-understand language and is complemented by engaging illustrations. This book is highly recommended for anyone seeking to gain a comprehensive understanding of Cock Rope Bondage Tutorial.

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