

Zung Self-Rating Depression Scale

Name: _____

Date: _____

Instructions:

For each item below, please check the column which best describes how often you felt or behaved this way during the past several days.

	A little of the time	Some of the time	Good part of the time	Most of the time
1. I feel downhearted and blue	☐	☐	☐	☐
2. Morning is when I feel the best	☐	☐	☐	☐
3. I have crying spells or feel like crying	☐	☐	☐	☐
4. I have trouble sleeping at night	☐	☐	☐	☐
5. I eat as much as I used to	☐	☐	☐	☐
6. I still enjoy sex	☐	☐	☐	☐
7. I notice that I'm losing weight	☐	☐	☐	☐
8. I have trouble with constipation	☐	☐	☐	☐
9. My heart beats faster than usual	☐	☐	☐	☐
10. I get tired for no reason	☐	☐	☐	☐
11. My mind is as clear as it used to be	☐	☐	☐	☐
12. I find it easy to do the things I used to	☐	☐	☐	☐
13. I am restless and can't keep still	☐	☐	☐	☐
14. I feel hopeful about the future	☐	☐	☐	☐
15. I am more irritable than usual	☐	☐	☐	☐
16. I find it easy to make decisions	☐	☐	☐	☐
17. I feel that I am useful and needed	☐	☐	☐	☐
18. My life is pretty full	☐	☐	☐	☐
19. I feel that others would be better off if I were dead	☐	☐	☐	☐
20. I still enjoy the things I used to do	☐	☐	☐	☐

Depression Scale Manual

**Donald H. Saklofske, Cecil R.
Reynolds, Vicki L. Schwean**



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Children's Depression Scale Manual Moshe Lang, Miriam Tisher, 2004-01-01 **HADS-D** Christoph Herrmann-Lingen, Ullrich Buss, R. Philip Snaith, 2011 **RCDS, Reynolds Child Depression Scale : Professional Manual**, 1989 Weinberg Depression Scale for Children and Adolescents Warren A. Weinberg, Caryn R. Harper, Graham J. Emslie, 1998 *RCDS, Reynolds Child Depression Scale* William Michael Reynolds, 1989 Hospital anxiety and depression scale Christoph Herrmann-Lingen, Ullrich Buss, R. Philip Snaith, 2011 **RADS, Reynolds Adolescent Depression Scale** William Michael Reynolds, 1987 **The Oxford Handbook of Child Psychological Assessment** Donald H. Saklofske, Cecil R. Reynolds, Vicki L. Schwann, 2013-04-25 This handbook surveys clinical and educational considerations related to the foundations models special topics and practice of psychological assessment RADS - 2 William Michael Reynolds, 2002 Practitioner's Guide to Psychoactive Drugs for Children and Adolescents John Scott Werry, Michael G. Aman, 1998-10-31 Incorporating the latest developments in pharmacology and therapy this fully revised Second Edition is an ideal quick reference for those who prescribe psychotropic drugs for young people New and notable features include discussions of new drugs and health supplements revised diagnostic terminology that accords with current DSM IV nomenclature reports on anti epileptic medications guidelines for the appropriate use of psychoactive medications and instruction on the monitoring of physical behavioral and cognitive effects of various drugs The handy spiral format makes the book easy to use

The Concise Corsini Encyclopedia of Psychology and Behavioral Science W. Edward Craighead, Charles B. Nemeroff, 2004-04-19 Edited by high caliber experts and contributed to by quality researchers and practitioners in psychology and related fields Includes over 500 topical entries Each entry features suggested readings and extensive cross referencing Accessible to students and general readers Edited by two outstanding scholars and clinicians **Reynolds Adolescent Depression Scale** William Michael Reynolds, 2002 *Behavioral and Psychopharmacologic Pain Management* Michael H. Ebert, Robert D. Kerns, 2010-11-25 Pain is the most common symptom bringing a patient to a physician s attention Physicians training in pain medicine may originate from different disciplines and approach the field with varying backgrounds and experience This book captures the theory and evidence based practice of behavioral psychotherapeutic and psychopharmacological treatments in modern pain medicine The book s contributors span the fields of psychiatry psychology anesthesia neurology physical medicine and rehabilitation and nursing Thus the structure and content of the book convey the interdisciplinary approach that is the current standard for the successful practice of pain management The book is designed to be used as a text for training fellowships in pain medicine as well as graduate courses in psychology nursing and other health professions **A Compendium of Neuropsychological Tests** Esther Strauss, Elisabeth M. S. Sherman, Otfried Spreen, 2006 This compendium gives an overview of the essential aspects of neuropsychological assessment practice It is also a source of critical reviews of major neuropsychological assessment tools for the use of the practicing clinician Practical

Manual of Physical Medicine and Rehabilitation Jackson C. Tan, 2006 This text will serve as a quick reference and review for residents as well as practising physicians It also offers information needed in related professions **RCDS-2 (Reynolds Child Depression Scale-2nd Edition) and RCDS-2SF (Reynolds Child Depression Scale-2nd Edition : Short Form)** William Michael Reynolds, 2010 *Treatment improvement protocol (TIP) series. v. 3, 1993* ,1993 *Journal of the National Cancer Institute* ,2009 **Handbook of Child and Adolescent Assessment** Thomas H. Ollendick, Michel Hersen, 1993 A comprehensive presentation of assessment strategies actual strategies and a review of specific populations for psychologists psychiatrists social workers and mental health social workers who work with children and adolescents Chapter authors address only those strategies that have a firm empirical base and proceed beyond behavioral assessment to cover those assessment practices that are used more routinely by traditional clinicians Beck Depression Inventory Aaron T. Beck, Robert A. Steer, 1993

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